Utah’s Moderate Risk Phase
What does it mean and what can you do?

Moving to orange
Utah’s social distancing efforts to slow the spread of COVID-19 have been working. Forward progress won’t be instant like flipping a switch. It’ll be more like gradually moving a dial.

A color-coded health guidance system has been developed by the State of Utah to guide health measurement system which can be different by each region, county, city, or community.

In every color, high-risk individuals operate under specific instructions issued by the Utah Department of Health.

General guidelines for individuals:

- **Groups of 20 or fewer**
  - Gathering in groups of 20 while maintaining social distancing.

- **6 FEET**
  - Leave home infrequently, stay 6 feet away from others.

- **Face coverings worn in public settings.**

- **Maintain social distancing during outdoor recreation.**
  - No close-contact or team sports.

- **Limit out-of-state travel.**

- **Spacing between immediate households, alternate schedules for smaller gatherings and stream services.**

**CHURCH**
General guidelines for businesses:

**High-contact businesses can operate under strict protocols.**

**Restaurant takeout, pickup or delivery encouraged. Dine-in services allowable with extreme precaution.**

**Offer telework options when possible, follow specific hygiene policies, and continue social distancing in the workplace.**

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**High-Risk Individuals:**

- ✓ Face coverings worn at all times in public settings
- ✓ Limit travel to only essential travel; if telework is not possible, limit travel to work-related travel only
- ✓ Limit visiting friends or family without urgent need
- ✓ Limit physical interactions with other high-risk individuals, except for members of your household or residence
- ✓ Limit attending gatherings of any number of people outside your household or residence
- ✓ Do not visit hospitals, nursing homes, or other residential care facilities

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**Children:**

- ✓ Do not attend school outside the home
- ✓ Do not arrange or participate in in-person playdates or similar activities
- ✓ Do not allow children on public playgrounds
- ✓ Soft closure of schools; schools may send home food

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Find detailed guidelines for individuals and businesses at Coronavirus.Utah.gov