



Utah's Moderate Level of Restriction

What does it mean and what can you do?



Moving to orange

Utah's social distancing efforts to slow the spread of COVID-19 have been working. Forward progress won't be instant like flipping a switch. It'll be more like gradually moving a dial.

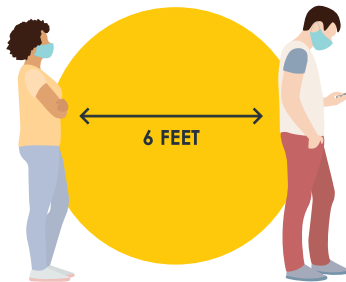
A color-coded health guidance system has been developed by the State of Utah to guide health behaviors for individuals and businesses. Each level of the dial is guided by a rigorous measurement system which can be different by each region, county, city, or community.

In every phase, high-risk individuals operate under stricter instructions because they are more likely to suffer severe illness from COVID-19.

General guidelines for individuals:



Social gatherings in groups of 20.



Leave home infrequently, stay 6 feet away from others.



Face coverings worn in public settings.



Maintain social distancing during outdoor recreation.



Limit out-of-state travel.



Spacing between immediate households, alternate schedules for smaller gatherings and stream services.



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General guidelines for businesses:



High-contact businesses can operate under strict protocols.



Restaurant takeout, pickup or delivery encouraged. Dine-in services allowable with extreme precaution.



Offer telework options when possible, follow strict hygiene policies, and continue social distancing in the workplace.

High-Risk Individuals:

- ✓ Face coverings worn at all times in public settings
- ✓ Limit travel to only essential travel; if telework is not possible, limit travel to work-related travel only
- ✓ Limit visiting friends or family without urgent need
- ✓ Limit physical interactions with other high-risk individuals, except for members of your household or residence
- ✓ Limit attending gatherings of any number of people outside your household or residence
- ✓ Do not visit hospitals, nursing homes, or other residential care facilities

Children:

- ✓ Do not arrange or participate in in-person playdates or similar activities
- ✓ Do not allow children on public playgrounds
- ✓ Soft closure of schools; schools may send home food

Find detailed guidelines for individuals and businesses at Coronavirus.Utah.gov

