Utah’s Moderate Level of Restriction
What does it mean and what can you do?

Moving to orange
Utah’s social distancing efforts to slow the spread of COVID-19 have been working. Forward progress won’t be instant like flipping a switch. It’ll be more like gradually moving a dial.

A color-coded health guidance system has been developed by the State of Utah to guide health behaviors for individuals and businesses. Each level of the dial is guided by a rigorous measurement system which can be different by each region, county, city, or community.

In every phase, high-risk individuals operate under stricter instructions because they are more likely to suffer severe illness from COVID-19.

General guidelines for individuals:

- **Groups of 20 or fewer**
  - Social gatherings in groups of 20.

- **Leave home infrequently, stay 6 feet away from others.**

- **Face coverings worn in public settings.**

- **Maintain social distancing during outdoor recreation.**

- **Limit out-of-state travel.**

- **Spacing between immediate households, alternate schedules for smaller gatherings and stream services.**

CHURCH
General guidelines for businesses:

- High-contact businesses can operate under strict protocols.
- Restaurant takeout, pickup or delivery encouraged. Dine-in services allowable with extreme precaution.
- Offer telework options when possible, follow strict hygiene policies, and continue social distancing in the workplace.

High-Risk Individuals:
- Face coverings worn at all times in public settings
- Limit travel to only essential travel; if telework is not possible, limit travel to work-related travel only
- Limit visiting friends or family without urgent need
- Limit physical interactions with other high-risk individuals, except for members of your household or residence
- Limit attending gatherings of any number of people outside your household or residence
- Do not visit hospitals, nursing homes, or other residential care facilities

Children:
- Do not arrange or participate in in-person playdates or similar activities
- Do not allow children on public playgrounds
- Soft closure of schools; schools may send home food

Find detailed guidelines for individuals and businesses at Coronavirus.Utah.gov