



Utah's Minimal Level of Restriction

What does it mean and what can you do?



Moving to green

Utah's working to slow the spread of COVID-19. Finding a new normal won't be instant, like flipping a switch, it'll be more like gradually moving a dial.

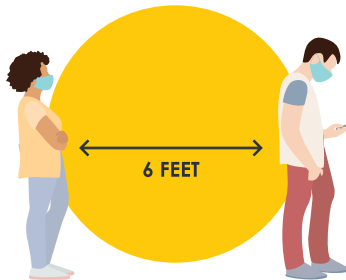
Continue to follow the public health protocols for Minimal Level of Restriction (green) to keep the dial moving forward and prevent it from turning back.

High-risk individuals operate under stricter instructions because they are more likely to suffer severe illness from COVID-19.

General guidelines:



Wash hands often for 20 seconds.



Maintain social distancing in public settings.



Face coverings worn when social distancing is difficult to maintain.



Stay home if you're sick



K-12 schools reopening anticipated for 2020/2021 school year.



Symptom check encouraged prior to team sport competitions or practices.



Large gatherings and venues allowed with increased hygiene measures, physical distancing, face coverings, and symptom monitoring.



Places of worship are encouraged to consider social distancing, hygiene measures, and face coverings.



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General guidelines for businesses:



All businesses open and take reasonable precautions.



Dine-in service open with appropriate cleaning and hygiene measures.



Follow hygiene guidelines and continue social distancing in the workplace. Wear face coverings when social distancing is not feasible.

High-Risk Individuals:

- ✓ Do not interact with symptomatic individuals in person or engage in close contact
- ✓ Continue to follow the principles of physical distancing, enhanced hygiene practices, symptom monitoring
- ✓ Use face coverings when around non-household individuals and request visitors to do the same
- ✓ Increased caution when interacting with the general public, when visiting public settings, or when interacting with those not practicing physical distancing
- ✓ For any travel, use appropriate precautions; avoid high-risk areas

Children:

- ✓ Hygiene measures, physical distancing, face coverings, and symptom monitoring are encouraged for all group gatherings
- ✓ All symptomatic children should stay home from school and childcare, and will be sent home if exhibiting any symptoms

Find detailed guidelines for individuals and businesses at [Coronavirus.Utah.gov](https://coronavirus.utah.gov)

