

'Oku mahino mai mei he kau saenisi ko e tui 'o kofu'i ho mata 'oku ne ta'ofi 'a e mafola 'o e COVID-19.

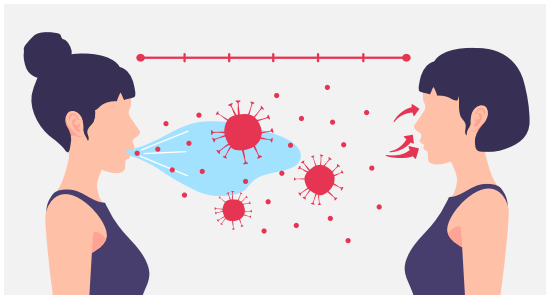


Ko e taha 'o ha me'a faingofua ke fakahaofi ha ngaahi mo'ui pea mo e ngaahi ngaue'anga he lolotonga 'a e mafola ha mahaki ko e tui 'o kofu'i hoto mata.^{1,2}

Meimei ko e ngaahi kautaha faito'o pea mo e saenisi kotoa 'oku nau felotoi ki he tui 'o kofu'i hoto mata ko e founa lelei taha ia ke tokoni hono ta'ofi 'a e mafola 'o e COVID-19.^{2,3,4,5,6,7}

Kuo fai ha fekumi mei he Center for Disease Control pea mo e Prevention (Senita Mapule'i Mahaki pea mo Ta'ofi) 'oku 'asi ai ko e tui 'o kofu'i hoto mata 'oku lava ke fakahaofi ha ni'hi kehe mei he mahaki 'oku fakatupu he vailasi 'o e COVID-19, pea 'oku toe lava he kofu'i hoto mata 'o fakahaofi 'a e toko taha 'oku ne tui.⁸ 'Oku tau 'ilo'i ko e mafola 'o e COVID-19 'oku tufaki ia he mao 'o e manava 'oku tekina mei ho tau ihu pea mo e ngutu.^{9,10} Ko e tui 'o kofu'i hoto mata 'oku ne ta'ofi hono fakamafola 'a e vailasi ki ha ni'hi kehe pe ko ha'ano ma'u kinautolu he vailasi.¹¹

'Oku holoki he kofu'i hoto mata 'a e tekina vailasi he 'ea



Asymptomatic
(ma'u he vailasi pea 'ikai
ke 'asi ha faka'ilonga)

Mo'ui lelei

VS



Asymptomatic
(ma'u he vailasi pea 'ikai
ke 'asi ha faka'ilonga)

Mo'ui lelei

Ko e kofu'i hoto mata pea ma'u mo e huhu malu'i 'oku ne holoki 'a e mafola 'o e COVID-19 he ngaahi 'apiako pea pehe ki he fanau ako pea mo e kau faiako 'oku nau nofo kolonitini.

Fakahinohino 'a e 'apiako ki he nofo kolonitini 'o e ta'u ako 2021-2022 pea malava ai ke toe tokolahi 'a e fanau 'oku nau ako he loto 'apiako he taimi kuo nau fakahoko ai ha huhu malu'i pe ko ha tui 'o kofu'i ho nau mata. 'E lava 'o hoko atu 'a e ako he loto 'apiako he 'osi ha fakae'a 'okapau:

- Kuo 'osi kakato ho huhu malu'i.
- 'A koe pea mo e tokotaha na'e sivi positivi na'amo tui 'o kofu'i ho mo mata.
- Na'amo tui 'a e kofu mata N95 pe ko e KN95 he taimi na'e fakae'a ai koe, neongo na'e 'ikai kofu'i 'a e mata 'o e tokotaha na'e sivi positivi.



1. <https://s3-us-west-2.amazonaws.com/marriner-wpmedia/wp-content/uploads/2020/11/SeegertGaulinYangNavarroSanchez2020-web.pdf>
 2. <https://www.idsociety.org/covid-19-real-time-learning-network/infection-prevention/masks-and-face-coverings-for-the-public/>
 3. <https://pws.byu.edu/covid-19-and-masks>
 4. [https://www.thelancet.com/journals/lancet/article/PIIS0140-6736\(20\)31142-9/fulltext](https://www.thelancet.com/journals/lancet/article/PIIS0140-6736(20)31142-9/fulltext)
 5. <https://msphere.asm.org/content/5/5/e00637-20/article-info>
 6. https://www.cdc.gov/mmwr/volumes/69/wr/mm6928e2.htm?s_cid=mm6928e2_w

7. <https://jamanetwork.com/journals/jama/fullarticle/2768532>
 8. <https://www.cdc.gov/coronavirus/2019-ncov/more/masking-science-sars-cov2.html>
 9. <https://science.sciencemag.org/content/368/6498/1422>
 10. <https://www.cdc.gov/coronavirus/2019-ncov/science/science-briefs/scientific-brief-sars-cov-2.html>
 11. [https://www.thelancet.com/journals/lancet/article/PIIS0140-6736\(20\)31142-9/fulltext](https://www.thelancet.com/journals/lancet/article/PIIS0140-6736(20)31142-9/fulltext)