



Waxyaabaha Aad U Baahan Tahay Inaad Ka Ogaato Tallaalka COVID-19

Badbaadada tallaalka COVID-19 ayaa ah mudnaanta koowaad. Tallaalka COVID-19 ayaa la caddeeyay inuu yahay mid ammaan ah oo wax ku ool ah.

Dalka Mareykanka, talaabooyin badan ayaa loo diyaariyey si loo hubiyo in tallaalkadu ay ammaan yihiin oo waxtar leeyihiin. Tallaabooyinkani waxay ka kooban yihiin mutadawiciin ka socda noocyo kala duwan oo jinsi ah, isir ah, iyo da' kooxeed oo ka qayb qaadanaya tijaabooyinka caafimaad si loo hubiyo in tallaalku u nabdoon yahay bulshooyinka kala duwan. Macluumaadka iyo xogta tijaabooyinka waxaa si madax banaan u eegay saynisyahano, xirfadlayaal caafimaad, iyo khubarada caafimaadka bulshada ka hor intaadan wali helin tallaalka. Xarumaha Xakamaynta Cudurradu (CDC) waxay soo saareen qalab cusub oo si dhakhso leh loogu ogaan karo wixii arrimo nabadgelyo ah ee ku saabsan tallaalka COVID-19. "V-safe" waa qalab cusub oo ku saleysan moobilada casriga ah, ka dib hubiyaha tallaalka caafimaadka. Waxaa loo soo bandhigi doonaa dadka markay helaan tallaalka COVID-19.

Tallaalka COVID 19 ayaa kaa caawin doona ka hortagga xanuunka COVID-19. Laba xaddi daawo ayaa loo baahan yahay.

Waxaad u baahan tahay 2 qiyaasood oo ah tallaalka hadda la heli karo ee COVID-19 si aad u hesho difaaca ugu badan ee tallaalku ka bixin karo cudurkan halista ah.

Hada waxaa xadidan tirada tallaalka COVID-19 gudaha Mareykanka, laakiin saadku wuu kordhi doonaa toddobaadyada iyo bilaha soo socda.

Qof kastaa wuu awoodi doonaa inuu iska tallaalo COVID-19 isla markaana la helo tiro aad iyo u tiro badan. Marka tallaalka si ballaaran loo helo, waxaa jiri doona dhowr kun oo tallaalka bixiyayaal ah.

- Bishii Diseembar 13, 2020, ACIP waxay soo saartay talooyin ku saabsan isticmaalka tallaalka Pfizer-Biotech ee COVID-19 ee ka hortagga COVID-19.
- Bishii Diseembar 20, 2020, ACIP waxay soo saartay talooyin ku saabsan isticmaalka tallaalka Moderna COVID-19 ee ka hortagga COVID-19.

Awood la'aanta bixinta, xaaladda socdaalka, ama caymis la'aan kaama hor istaagi doonto inaad iska tallaasho COVID-19.

Qiyaasta tallaalka ayaa la siin doonaa dadka iyada oo aan loo eegin xaaladda soo gelitaanka ama haddii ay caymis leeyihiin iyo in kale. Bixiyayaasha tallaalku waxay awood u yeelan karaan inay ka qaadaan khidmadaha maamulka tallaalka. Bixiyayaasha tallaalka ayaa heli kara khidmaddan shirkadda bukaanka ama shirkadda caymiska gaarka loo leeyahay.

Kadib tallaalka COVID-19, waxaa laga yaabaa inaad yeelato waxyeellooyin yaryar oo caadi iska ah. Tani waa calaamad muujinaysa in jirkaagu dhisayo difaac.

Dhibaatooyinka soo raaca waa calaamad muujinaysa in tallaalku shaqeynayo, dhibaatooyinka soo raaca waxaa laga yaabaa inay dadku dareemaan hargab oo xitaa waxay saameyn ku yeelan karaan awooddaada waxqabadyada maalinlaha ah, laakiin waa inay ku baxaan dhowr maalmood.

- Helitaanka ama jadwalka ballanta, wac, ama booqo websaydka waaxda caafimaadka deegaankaaga: <https://coronavirus.utah.gov/vaccine-distribution/#lhd>.>



- Saxiix Warqadda Talaalka Gobolka Utah si aad u hesho iimeel toos ah oo tixraac leh macluumaadka ugu dambeeyay ee aad ka heli karto tallaalka iyo goorta: <https://coronavirus.utah.gov/vacunas/#subscribe> >
- Macluumaad dheeraad ah ka eeg: <https://coronavirus.utah.gov/Tallaalka>

