



# Da'ha 12 jirka ah ama ka wayn waxay iminka u qalmaan talaalka COVID-19

Waxa uu ka ilaaliyaa caruurtaada oo soo afjaraa safmarka

Talaalka COVID-19 ee Pfizer waxaa weeye talaal iminka loo ansixisay inay isticmaalaan shakhsiyaadka 12 jir iyo wixii ka wayn. Tijaabada caafimaadku waxay muujinaysaa in talaalku uu wax badan ka taro kahortaga COVID-19 ee koox da'dan. Runtii, ma jirto wax kamid ahaa dadkii ka qayb galay tijaabada ee la talaalay oo mar danbe qaaday talaalka COVID-19.

Waxaa dhici karta inaad qabto su'aalo ku saabsan qaadashada talaalka COVID-19 ee caruurtaada. Kala hadal dhakhtarkaaga hadii aad ka qabto su'aalo talaalka COVID-19.

## Macluumaadka ku saabsan talaalka:



### Tallaalada COVID-19 waa ammaan, in kasta oo si dhakhso leh loo soo saaray.

Sida dhakhsaha ah ee loosoo saaray talaalada waxaa keeney in la baal maray wixii caqabad ah iyo caqabadaha siyaasada, laakiin lama dhinac marin ama lama dhaafin wixii taxadirka amaanka ah. Saynisyahanada caalamka oo dhan ayaa ka shaqaynayay teknooloojiyada wax ka badan toban sano. Waxaana weeye sababta keentay in la sameeyo talaal amaan ah oo wax ku ool ah si dhakhso ah.



### Saamaynta caafimaad daro ee qaadashada talaalku waa caadi.

Waa caam in dadku ay yeeshaan astaamo yar ama dhexe ama saamayn caafimaad daro kale kadib marka ay is talaalaan. Tani waxay ka dhigan tahay in talaalku uu shaqaynayo oo jirkaaga difaaciiisu uu bilaabay inuu sameeyo ka jawaabida oo uu baranayo la dagaalanka fayraska.

**Saamaynta caafimaad daro ee daran way yar tahay marka la is talaalo kadib.**



### Tallaalada COVID-19 kuma qaadsiinayaan COVID-19.

Tallaalada COVID-19 malaha fayras nool, markaa ma keeno COVID-19. Ma jiraan wax dahaadh fayraska ah oo talaalka ka yimaadaama maadaama oo talaalka aanu la socon fayras nooli. Fayrasku waxa uu kaa ilaaliyaa COVID-19, MA keeno faaftaan fayraska ah.



### Tallaalada COVID-19 w eli lalama xidhiidhin wax dhafaan ama ilmaha oo soo dhaca.

Ma jirto wax macluumaad ah oo muujinaya in talaalka COVID-19 uu keeno taran la'aan ama in ilmaha uurka uu soo rido. Sidoo kale qaabka jidhku u samayn yahay ahaan macquul maaha in kor u kaca yar ee korodhka borootiintu inay daloolin karto makaanka oo ay keeni karto dhiigid. Tallaalada mRNA LAMA fal galaan DNA-gaaga ama ma keenaan is badal hide sidaha ah maadaama oo mRNA kaagu aanu geli karin nukuleeska unuga, halkaas oo ah meesha DNA-gaaga lagu kaydiyo.

si aad uga hesho meel kuu dhaw talaalka, booqo [coronavirus.utah.gov/vaccine](https://coronavirus.utah.gov/vaccine).



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