

Muk ot maásk fiñdáye KOVÍDH-19 fóilare rukéde íyan wazé gora sáñisi sobút ase.



Aba biaram solédde thaim ot jibon ar foran or héfazot ólla sóbse asán toika ólottu ekkán oilde muk ot maásk fiñda.^{1,2} Maásk gin oilde KOVÍDH-19 fóilare rukibbar hémayot ot hás goréde ekkán torika bouli prai dhakthori ar sáñisi tonzim óle éttefak óiye.^{2,3,4,5,6,7}

Maásk e KOVÍDH-19 biaram óde váires loi biaram noi bolla oinno maincóre héfazot gorár fúwati maásk fiñda maincólla héfazoti dhál o bone bouli Biaram Pabondi ar Rukar Senthar (Centers for Disease Control and Prevention) or tahákik ot wazé goijje.⁸ KOVÍDH-19 oilde añárar nak ar muk ottu baáir ode fúça ar renu ólottu becír bak fóilade íyan añára zani.^{9,10} Muk ot maásk fiñdile maincóttu váires fóila yáto váires or harone biaram uwar cómbobona haásgori homizagoi.¹¹

Boiyar ottu váires fóilare maásk e homa



Biaram or alamot no deha Sehétban

óddo



Biaram or alamot no deha Sehétban

Muk ot maásk fiñda ar véksin mara ye eskul ot KOVÍDH-19 fóila ar kuwaranthín or eskuilla fuwain ar macthor ólor rokom ore homaide.

2021-2022 eskul bosór or eskul kuwaranthín hédayotnama mutabek eskuilla fuwain ókkol véksin marile yáto maásk fiñdile aró becí eskuilla fuwain ókkol manuic házir ói taalim ot córik oit faribou. Eskuilla fuwain ókkol biaraimmar korib uwar fore lagatar manuic házir ói taalim loi farit fare zodi:

- Oñne kaamel véksin maijja.
- Oñne ar teés pozethív ola manuic duni zone maásk fiñda.
- Oñne biaraimmar korib óiyode thaim ot N95 yáto KN95 maásk fiñda, zodi o teés pozethív ola manuic gwa maásk nó fiñde.



1. <https://s3-us-west-2.amazonaws.com/marriner-wpmedia/wp-content/uploads/2020/11/SeegertGaulinYangNavarroSanchez2020-web.pdf>
 2. <https://www.idsociety.org/covid-19-real-time-learning-network/infection-prevention/masks-and-face-coverings-for-the-public/>
 3. <https://pws.byu.edu/covid-19-and-masks>
 4. [https://www.thelancet.com/journals/lancet/article/PIIS0140-6736\(20\)31142-9/fulltext](https://www.thelancet.com/journals/lancet/article/PIIS0140-6736(20)31142-9/fulltext)
 5. <https://msphere.asm.org/content/5/5/e00637-20/article-info>
 6. <https://www.cdc.gov/mmwr/volumes/69/wr/mm6928e2.htm?s>

cid=mm6928e2_w
 7. <https://jamanetwork.com/journals/jama/fullarticle/2768532>
 8. <https://www.cdc.gov/coronavirus/2019-ncov/more/masking-science-sars-cov2.html>
 9. <https://science.sciencemag.org/content/368/6498/1422>
 10. <https://www.cdc.gov/coronavirus/2019-ncov/science/science-briefs/scientific-brief-sars-cov-2.html>
 11. [https://www.thelancet.com/journals/lancet/article/PIIS0140-6736\(20\)31142-9/fulltext](https://www.thelancet.com/journals/lancet/article/PIIS0140-6736(20)31142-9/fulltext)