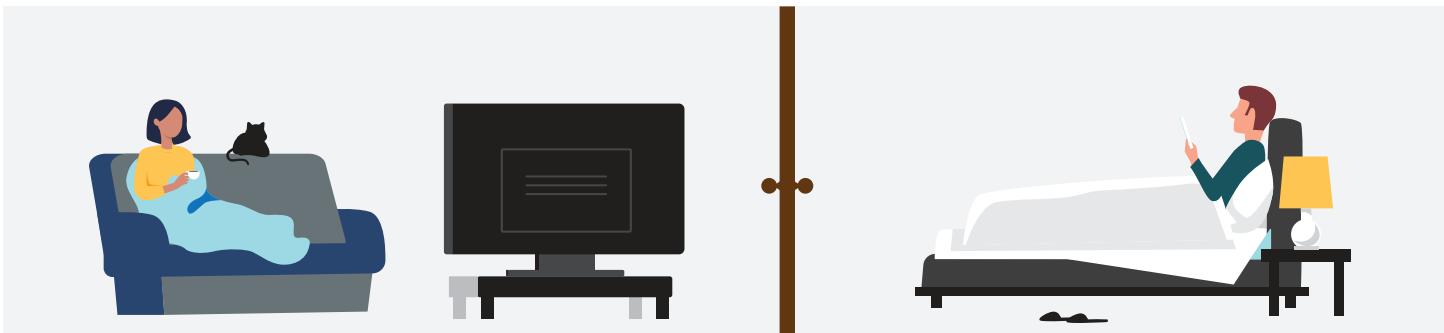


Ta in katōlak eok?

1/11/2022



Ien kojenolök ej ñan armij ro teej ko aer rej kwalok ewor nanimmij ak ewor kakölle ko an COVID-19 ibbeir. Kwoj kabobo im maroñ kaajeeded kij eo nan ro jet jino jen 2 raan mokta jān an kar walok kakölle ko jinoin mae ien kojenolok eo am ejemlok. Elañe ear jab walok kakölle ko ibbam, kwoj kabobo jino jān 2 raan mokta jen raan eo teej eo am ear kwalok ewor COVID-19 ibbam. Jadewōt armij rekar epāāke eok ilo ien in kwar epāāke virus eo im kwoj aikuj loore tol in make lak iam ko.

Ien kojenolok ej melelein:

Jokdoon ilo mweo mom make, kwoj aikuj in etolak jen armij ro jot joñan wōt am maroñ ñan ne ejemlok am katolak eok.



Pād wōt mweo imōm ijellokun am etal in bukötlok jibañ in taktō.



Kōerbale juon mōn kabōjak oktak jān armij ro jōt ilo mweo imōm ñe emaroñ.



Ekanak juon māj ñe kwoj aikuj in pād turin armij ro jōt.



Pād ilo juon ruum oktak jān armij ro jōt ilo mweo imōm.



Karreo jikin ko ekutkut jibwe (telebon, kejem, kein kabōl tama, jikin flush, jikin kwāle peim, ran counter, im jabdewōt ej kömman jān aen).



Kajeon in jab kojerbal ejja mweiuk ko ibben ro jet.

Ñaat eo imaron koborak ien kojenolok eo ao?

Etolak ñan ñe emoj am:

- Ejellok biba iomwin 24 awa (melelein kwar jab kojerbal wuno in kadiklok biba eo am), im
- Emmonlok kakölle ko am iomwin 24 awa, im
- Emōj an 5 raan jān raan eo kwar teej.
- Ñe ekar ejelok am kakölle, päd wot mweo iumin 5 raan jān raan eo kwar bōk teej. Ñe kwonij nañinmej ako jino walök kakölle, 5-raan in jenölok eo am ilo mweo imōm enij bar jinoe. Katak melele ko [relablokijin](#).

Ekanak juon [maaj eman joñan](#) turin ro jöt im ilo loblej iumin elaplak jān 5 raan elikin ien eo kwar jenolok ilo mweo imōm.

Ewi aitok in an armij ro rej jokwe ippa aikuj in māke lak iaer?

Emaroñ lukkun bin am kejonolok kwe make jen armij ro ewōr COVID-19 ibbeir im ro rej jokwe ilo mweo mōm. Jabdewōt ejañin dedelak an wa, ako ejjab [jimwe ñan ien](#) kin wā in COVID-19 eo, ako emōj an laplak jān 90 raan jān an armij eo kar jokwe ippam im ekar nañinmej in COVID-19 aikuj in make lak iam ilo mweo iumin bar 5 raan. Aolep ien aer epāäke eok ilo am kapopo, enij bar jino in make lak ian in 5-raan eo aer. Rejjab aikuj in kajemlok ien make lak ian mōkta jān 5 raan, jokdoon ñe ejjab alikkar teej eo aer.

Ñe kwoj aikuj in takto.

Ñe kakolkol ko am renana lok ak kwoj lomnak kwoj aikuj jiban in takto, ebok jiban in takto ien eo wot. Ewōr ke uwota in etal ñan aujbitol ak obij an takto. Konake juon kein kalbubu iturin maj im ba ñan rijerbal ro an jikin ejmour emoj an teej eo am kwalok ewōr COVID-19 ibbam.

Ñe ewōr jabdewōt kakölle in uwota kein*, ebok jiban in takto ien eo wōt:



Aban emenono ak
kajjinok



Metak ak aer ubom
im ejjab bōjrak



Lōmnak am poktak ak
ejjab bidodo am ruj



Elane tiem ak mejam
ebululu

*Men kein rejab aoleb kakölle an idin jorraan. Kurlok takto eo am elañe ewor am inebata.