

Jabdewōt armij 12 an yiō im rūttolok emaron kiō bōke wā eo an COVID-19



Emōj an FDA kōmelim wā eo an COVID-19 an Pfizer/BioNTech ñan jabdewōt armij eo 12 an yiō im rūttolok. Mennin ej juon buñten eo ej letōk emōnōnō im aurōk ilo tarinae eo ad ñan kōbōjrak jorrāān eo elab im emōj an jelōte aoleben lal in. **Wā eo an Pfizer ej wā eo an COVID-19 wōt emōj kōmelim ñan ajiri.**

Wā ko an COVID-19 rejab jejjet wōt aer jerbal ñan bōbrae jen nañinmij, deloñ aujbitol, im mij¹ bōtab renaj jibañ an ajiri ro nejid maron rool ñan makütktü ko aer ekkā ilo jikuul im ibben ro möttaer. Katak ko an raan kein rej kwalok ke wā ko remaron bōbrae an jab ajeeded kij in nañinmij eo ñan armij ro jet² im remaron jerbal ñan oktag in nañinmij eo emōj loi ñan kiō. Jodikdik ro remaorn kelet in bōk wā eo ñan jab kejbarok wōt er jen nañinmij eo, bōtab bar kejbarok ro ilo jukjukinbed eo im elablok aer mōjno im maron jab bōk wā eo ilo tōrre in.



Etke ajiri rej aikuj bōk wā eo an COVID-19?

Elab an loñ ebōd melele eo ibbeir ke ajiri rejab bōk COVID-19 ak rejab bed ilo uwōta ñan nañinmij kauwōtata jen kij in nañinmij eo. Bōtab, jet ajiri ebwe aer nañinmij im rej aikuj bōk jibañ in kōmadmōd iloan aujbitol Ej lab wōt melele jejañin jelā kin wāween an COVID-19 naj woñmaanlok in jelōt ajiri iomwin ien aitōk.

Elablok an COVID-19 kauwōtata jen uwōta ko remaron walok jen am bōke wā eo. Ajiri rej eñtan jen abnōnō ko rekauwōtata im maron aitōk ien kin joñan ko einwōt rütto, jekdoñ ū ear ejellok kakōlkōl ibbeir ak ear wōr wōt kakōlkōl ko redik ilo ien aer kar nañinmij. Eloñ ajiri rej woñmaanlok in eñtan jen mok, metak bar, metal loje, metak majel im mokwōj in enbwin, im wōr abañ ilo aer ememej im madmōd melele.

Jen jinojn jorrāān eo elab ear jelōte aoleben lal in, 77,827 ajiri in Utah joñan yiō 0-18 emōj kar kakōlkōle er kin COVID-19, im 683 aer aikuj deloñ aujbitol. Jen ro rar aikuj deloñ aujbitol ilo kumi in ajiri ro joñan yiō in, 74 rar bōk nañinmij in ebbōj ilo eloñ jikin ko iloan enbwin ej walok ibben ajiri (MIS-C). MIS-C ej juon nañinmij kauwōtata emaron kōmman mij.



1 <https://www.cdc.gov/vaccines/acip/meetings/downloads/slides-2021-05-12/04-COVID-Oliver-508.pdf>

2 <https://www.cdc.gov/coronavirus/2019-ncov/science/science-briefs/fully-vaccinated-people.html>

Ajiri eo neju ej ke aikuj bōk wā eo elañe emōj an kar bōk COVID-19?



Jekdoň emōj an ajiri eo nejum kar bōke COVID-19, ej aikuj wōt wā. Wā ko rej lelok kejbarok eo elablok jen nañinmij eo im am bar bōke nañinmij eo. Katak ko rej kwalok ke emmonlok an wā eo kejbarok kwe jen oktak ko ilo nañinmij eo. Katak ko rej kwalok ke wā eo ej kōmman an enbwin aitōklok an bōbrae jen an enbinnid make bōbrae (bōbrae jen nañinmij) im kejbarok jen oktak ko an nañinmij eo. Elablok kejbarok im jejjet an jerbal wā eo ñan kōmman am maron bōbrae jen nañinmij jen am nañinmij jen kij eo im bōk COVID-19 einwōt juon nañinmij.

Ajiri eo neju emaron ke wōr abnōnō ko ibben alikin an bōke wā eo?³

Elukkun letōk kejbarok im jejjet an jerbal wā ko an COVID-19. Bōtab, einwōt aoleb wüno, jet armij emaron walok abnōnō ibbeir, innem aurōk am jelā ta men ko im men ko kwōj aikuj lale.

Abnōnō ko ekka aer walok alikin wā

Kwōmaron eñjaak jet abnōnō ko edik ak bwe joñaer, iomwin jet raan. Men kein rej aoleb kakolle ko ekkā ke enbwinnim ej kōmman an kein bōbrae jen im jikin bōbrae eo an enbwinnim ej kōmmane men eo aikujin kōmmane. Ekkā an abnōnō kein jako iomwin 12-48 awa. Jet armij ejellok abnōnō ko rej eñjaake ak jet emaron oktak abnōnō ko ibbeir alikin wā eo aer kein 2 jen wā eo aer kein kajuon. Bōke abnōnō eo ekkā alikin wā ejab melelein kwōjab aikuj bōke wā eo kein 2 an wā in mRNA eo an COVID-19. Kwōj aikuji wā ko ruo ñan am bōk aoleben joñan kejbarok eo.

Ilo ijo beim rar wāiki:

- Metak
- Bürörō
- Ebbōj

Ilo aoleben enbwinnim:

- Biō
- Bidodo loje
- Biba ak menokadu
- Metak bar
- Metak majel
- Maloñoñ, ak eñjaak an metak lojem
- Mōk



³ <https://www.cdc.gov/vaccines/covid-19/info-by-product/pfizer/reactogenicity.html>

Abnōnō ko ekka aer walok alikin wā

Jet ajiri remaron loe an ebboj im metak lymph node ko aer (etannin lymphadenopathy), ekkā ilo merwañ ak kenwaer.

Jet armij emaron walok juon nennab eo ebonojnoj, ebbōj, ak metak ilo jikin eo rar wakare, ekka etanin "ba in COVID." Nennab kein remaron jinoe jet raan ñan lablok jen juon wiik alikin wā eo kein 1. Ñe ewōr an ajiri eo nejum "ba in COVID" alikin an bōke wā eo kein 1, ej aikuj wōt bōk wā eo kein 2. Kajitök ibben taktō eo an ajiri eo nejum kin kōmadmōde kin juon antihistamine ñan jibañe kin ebōnōjnōj eo, ak acetaminophen ak juon wūno ej jolok ebbōj ejellok steroid (NSAID) ñan metak.



Melele ñan jibañ kejbarok abnōnō ko

Emmontata köttar ñan joñan eo aitōktata ñan am bōke jabdewōt wūno in metak alikin am wā. Bōtab, ñe kwōj aikuj ebōk wūno ñan metak ak abnōnō alikin am wā, kenono ibben taktō eo am kin am ebōk wūno ko kwōmaron make wiaiki, einwōt ibuprofen ak acetaminophen (ekkā an etannin Tylenol).

Aurōk bwe kwōn woñmaanlok in bōki wūno ko ekkā am bōki, ijellokun ñe taktō eo am enaj ba kwōn bōjrak alikin am wā.

Ñan kadiklok an metak im abnōnō jikin eo rar wākare:

- Liküt juon nuknuk erreo, molo, im etutu ioon jikin eo.
- Köjerbal ak kōmakütküti beim.



Ñan kadiklok am abnōnō kin biba:

- Lab am idaak aebōj.
- Jab kōnak nuknuk ko rebwil, kōnaki nuknuk ko rebañ kabwili eok.



Ñaat eo kwōj kūrlok taktō

Ilo eloñ keij ko, kwōnaj ioone wōt abnōnō ko rekkā. Kōjenolok kwe make im kūrlok taktō eo am ak jikin ejmour eo.

- Ñe enaj nanalok an bürōrō ak metak jikin eo rar wākare alikin 24 awa (ak 1 raan).
- Ñe kwōj inebata kin jabdewōt kakölköl ko rejab ekkā emaron wōr am kajitök kin abnōnō ko reloñ jen am bōke lablok jen juon wā ilo juon wōt ien.
- Ñe kwōj inebata kin abnōnō ko ak rejab jako iomwin jet raan.

Abnono ko rekauwotata im lab alikin am boke wa eo relukkun jeja⁴

Ejeja abnono ko rekauwotata.

Emōj watōke aoleb nañinmij ko rej walok rekauwōtata elañe armij eo aikuj bōk kōmadmōd kin epinephrine ak EpiPen® ak etal nan aujbitol. Kain nañinmij kein ettaer in anaphylaxis, im elab aer walok iloan 30 minit alikin an juon wā. Armij ro remaron abañ aer emenono, ebbōj mejaer im būruer, mōkaj an paam menono, im nennab eo enana ilo aoleben enbinnier, ak addeboulul im mōjno. Wūnin an aurōk bed 15-30 minit alikin am wā, bwe taktō eo am en maron lale kwe im loloorjak emmon aoleb men. Ewor wuno nan komadmod anaphylaxis. Jabdewōt eo enaj walok anaphylactic ibben alikin wā eo kein 1 an wā eo aikuj **jab** boke wa eo kein 2.



Elukkun bar jejā nañinmij ko rejab kauwōtata im rej kaju walok.

Nañinmij ko rej walok im rejab aikuj idin kōmadmōd ak deloñ aujbitol ettaer in nañinmij ko rejab kauwōtata im rej kaju walok. Kain abnōnō kein rej walok iloan 4 awa alikin wā. Armij remaron walok nennab, ebboj, ak kajjinok. Elañe ajiri eo nejum ear kaju walok juon abnōnō ejab kauwōtata ibben alikin an bōke wā eo an COVID-19 ejab aikuj **jab** bōke wā eo kein 2, jekdon ñe abnōnō eo ear jab kauwōtata ñan aikuj idin kōmadmōd ak deloñ aujbitol.

Elukkun dik joñan eo ñan an walok abnōnō ko ibbam iomwin ien aitōk.

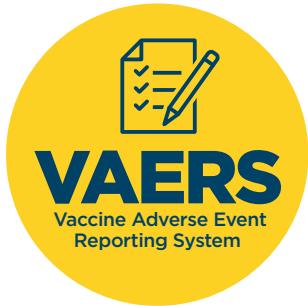
Ñe kwōnaj lale melele kin wā ko kar moktalok, eiten aoleb jorrāñ ear walok iomwin ien aitōk jen wā rej walok ikōtaan 30-45 raan alikin an jemlok ien katak kin wūno in wā eo. Wuñin an FDA aikuj ien kattar jab diklok jen 60 raan alikin jemlokin ien katak in wūno eo mokta jen aer maron lelok kōmelim eo ñan kōjerbal ilo idin ien (EUA).



⁴ <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/safety/allergic-reaction.html>

FDA im CDC renaj woñmaanlok aer lale ñe ewōr jabdewōt abnōnō ko rejējā

An mōkaj an kar kōmman wā ko ear walok jen an kar diklok kakien ko rekōmman abañ, jab tiljek in kōmmane aoleb mennin aikuj ko ak kōjekdoñ jabdewōt wāween kejbarok ko. Scientist ro rar jerbal kin kein jerbal kapeel emōj kar kōjerbali ñan kōmmani wā ko elablok jen joñoul yiö. Milien keij in COVID-19 ko ibelakin lal in rar komelim an scientist ro mokaj aer katak kin kij in naninmij in nan kommane juon wa eo ej letok kejbarok im ejejjet an jerbal. Milien armij ilo Amedka emoj aer boke wa ko an COVID-19 ilo juon waween lale kejbarok eo elukkun lab ilo bwebwenato. FDA, CDC, im Kamiti in Rojan kin Kultien Wa (Advisory Committee on Immunization Practices, ACIP)⁵ emoj aer lukkun etale aoleb melele ko ewor im rej loke ke wa ko rej letok kejbarok im ejejjet aer jerbal nan bobrae jen COVID-19. **Am bōk juon keij in COVID-19 elukkun kauwōtata ñan mour elablok jen uwōta in am maron bōk juon jorrān kauwōtata jen wā eo.**



Emmon tata kein jerba eo an Amedka ilo lal in⁶ nan kabok abnonon ko rejēja im jemaron wot loi ilo ien rej lelok wa ko nan elon armij. CDC ej kojella nan armij ke jabdewot ien juon armij ej kojella kin juon naninmij alikin an wa, jekdon naninmij eo ear walok ak jab walok jen wa eo. Jabdewot armij emaron kojella kin juon naninmij ak abnono alikin an wa, ejab takto ro wot. Melele in ej kojella ilo Kein jerbal eo nan ripoot abnono ko rej walok jen wa (Vaccine Adverse Event Reporting System, VAERS). Aurok in kememej ke elane juon jorraan in ejmour ej ripoot ilo VAERS, ejab melelein wa eo ear kommane jorraan eo. Mennin ej lelok wot kojella nan scientist ro, ro ewor aer kapeel kin kejbarok, im takto ro kin jabdewot jorraan ko remaron aikuj bar lukkun lale.

Juon waanjonok in waween an emmon an jerbal kein jerbal eo ej an kar mokaj aer loe wa in COVID-19 eo an Johnson & Johnson ear kobalok ibben juon kainmekak in botoktok ejeja (thrombosis ibben thrombocytopenia syndrome ak TTS) im ear aikuj oktak komadmode jen kainmekak in botoktok ko jet. Kein jerbal eo an VAERS ear maron kalikar abnono eo ejeja im CDC ear maron ba nan takto ro waween eo emmontata nan komadmode mekak in botoktok kein. Kio, jekdon juon armij enaj boke abnono in ejeja, takto ro remaron jejjet aer komadmode. Aurok in bar ba ke wa eo an Johnson & Johnson ej juon kain wa oktak jen wa in mRNA ko an Pfizer im Moderna. **Ejellok** mekak in botoktok emoj an kobalok nan elonlok jen 20 milien wa ko an Pfizer im Moderna emoj lelok nan armij. Wā eo an Pfizer ej wā eo an COVID-19 wōt emōj kōmelim ñan ajiri.

Emoj an kein jerbal eo ej lale kejbarok in wa eo loe jet ripoot kin myocarditis (ebboj majel in menono) ak pericarditis (ebboj kaneek eo torerein menono).⁷ Naninmij in ejmour kein rejab jeja. Ekka an myocarditis im pericarditis walok alikin juon naninmij kin kij ko einwot bulu, naninmij in Lyme, im bar COVID-19, im remaron komadmode. Tarrin 10 nan 20 armij jen 100,000 armij ilo Amedka emoj kakolkole er kin myocarditis kajojo yio. Ejanin wor melele elane keij in myocarditis ko rejēja rej kabalok nan wa ko. Doulul in Menono eo an Amedka (American Heart Association) emoj an kar kwalok juon melele ilo raan ko rej kab jemlok⁸ rojan armij ke kin an keij ko emoj ripoot jeja im elab an dik jonan uwota in naninmij, ej lab wot bok jibin jen wa ko an COVID-19 nan jabdwot uwota emaron walok jen abnono in.

5 https://www.cdc.gov/mmwr/volumes/70/wr/mm7020e1.htm?s_cid=mm7020e1_w

6 <https://www.cdc.gov/vaccinesafety/index.html>

7 <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/safety/allergic-reaction.html>

8 <https://newsroom.heart.org/news/covid-19-vaccine-benefits-still-outweigh-risks-despite-possible-rare-heart-complications>

Emōj ke wōr mij jen wā ko an COVID-19?

Ejañin wōr mij rar walok kaju jen wā ko, jen 259 milien wā ko an COVID-19 emōj lelok ilo Amedka jen Tijemba 14, 2020 ñan Mae 10, 2021.⁹

Emōj an CDC loe ke wā in COVID-19 eo an Johnson & Johnson ear kōmman an walok juon nañinmij eo elukkun jejā im kauwōtata –mekak in bōtōktōk kin platelet ko redik joñær—ibben joñan armij ro relukkun eiuet. Ilo ien in, eloñ taktō ro rar jab jelā ke mekak in bōtōktōk kein relukkun jejā rej aikuj oktak kōmadmōdi jen wāween aer kōmadmōd mekak in bōtōktōk ko jet. Jerata eo ej, kōmadmōd mekak in bōtōktōk kein relukkun jejā kin ejjā wūno eo an mekak in bōtōktōk ko jet emaron walok abnōnō ko relukkun kauwōtata—im jet armij emōj aer mij—kinke mekak in bōtōktōk ko aer rar jab kōmadmōdi kin wūno eo ekkar. Ejañin wōr melele ej kakoba mekak in bōtōktōk ibben wā ko an mRNA (Pfizer ak Moderna).

Ejañin wōr mij jen jabdewōt abnōnō (jekdon abnōnō ko rejejā) jen wā ko an mRNA (Pfizer im Moderna). Pfizer ej wā eo wōt emōj kōmelim ñan ajiri ro rediklok jen 18 aer yiō Wā eo an Johnson & Johnson ejab melim ñan ajiri ro rediklok jen 18 aer yiō.



Woñ eo ejab aikuj bōk wā in COVID-19 eo an Pfizer?

Wā in COVID-19 eo an Pfizer/BioNTech emōj kōmelim ñan ro 12 aer yiō im rüttolok. **Kwōjab** aikuj bōk wā in elañe:

- Ear walok juon abnōnō kauwōtata alikin wā eo kein 1 an wā eo.
- Ear walok juon abnōnō kauwōtata nan jabdewot kobban wa eo.
- Kenono ibben taktō eo am mokta jen am bōke wā eo an COVID-19 elañe armij eo ear kaju walok juon abnōnō ibben alikin an bōke wā eo kein 1 an wā eo an COVID-19, ak ear walok juon abnōnō ibben jen bar juon kain wā ak wūno rar lelok ilo wā kin bar juon nañinmij, jekdoñ ear jab kauwōtata

Kwōmaron bōk wā eo jekdoñ ear walok abnōnō kauwōtata ibbam ilo tōrre ko maanlok im rejab ikiken wā ko ak wūno ko rar lewaj kin wā, einwōt, mōñā, menninmour, baijin in menninmour, mejatoto, ak kadeke latex. Kwōmaron bōke wā eo elañe ewōr wūno in idaak ko kwar kadeki maanlok ak ewōr melele ko maanlok kin an kar walok abnōnō kauwōtata ibben baamle eo am.¹⁰

Imaron ke bōke wā ko jet ilo ejjā ien eo ij bōke wā eo an COVID-19?

Ilo ien eo kwōnaj bōke wā eo an COVID-19, ebar emmon ien in ñan loloorjak an jab jabikbiw wā ko am im an ajiri eo nejum. **Wā ko an COVID-19 im wā ko jet remaron kiō lelok ilo ejjā raan eo, im ejako am aikuj kattar ñan bōke wā eo COVID-19 elañe ewōr bar juon kain wā oktak ilo raan ko 14 aliktata.**¹¹ Kajitōk ibben taktō eo am kin abnōnō ko remaron walok jen kajojo wā, innem kwōn jelā ta ko kwōn lale. Emaron walok abnōnō ko ibbam jen wā kein JIMOR ilo ejjā ien eo wōt.



9 <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/safety/adverse-events.html>

10 <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/recommendations/specific-groups/allergies.html>

11 <https://www.cdc.gov/vaccines/covid-19/info-by-product/clinical-considerations.html#Coadministration>

Ij ke aikuj kōjellā kin jabdewōt abnōnō ko alikin aō bōke wā eo an COVID-19?

Ñe kwōj lomnak ear walok juon abnōnō ibbam alikin am kar wā, kwōmaron kōjellā kake ilo [Jikin Jerbal eo an Kojella kin Abnono ko rej Walok jen Wa\(Vaccine Adverse Event Reporting System, VAERS\)](#) an CDC. Kwōmaron bar kajitōk ibben taktō eo am bwe en kōjellā kake ñan VAERS. VAERS ej jibañ an mōkaj an scientist ro im ro ewōr aer kapeel ikijen taktō loe jekjek ko rejab ekkā im rejab katomani ikijen jorrāān in ejmour (bar etan in “adverse events”) im ej kwalok ke emaron wōr juon uwōta in jorrāān kin wā eo.



Kadelon etam ibben V-safe

V-safe ej juon kein jerbal online ej kötlok am ba ñan CDC elañe kwōnaj bōke jabdewōt abnōnō ko alikin am bōke wā eo an COVID-19. Kwōmaron bar loe kein kōkememej ko elañe kwōj aikuji wā eo kein 2. Bök melele ko relablok kin v-safe ilo www.cdc.gov/vsafe.

