

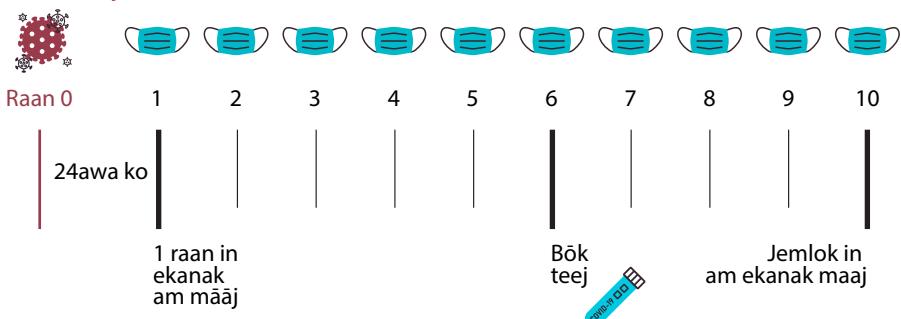
Elañe kwar kebaak COVID-19

Marshallese 09/2022

Emaroñ in ben pād wōt mweo imōm im jab pād ilo jikin jerbal ako jikuul elikin am kar epāāke juon armij ro ej nañinmej in COVID-19. Emaroñ lukkun bin am kejonolok kwe māke jān armij ro ewōr COVID-19 ibbeir im ro rej jokwe ilo mweo imōm. Unin an CDC kakaal rojāñ ko aer ikijen māke lak iaer im jab bar lelak naan in rojāñ nan armij bwe ren pād wōt mweo imweir elikin aer epāāke COVID-19. Botaab, kwoj aikuj in bōk kakol ko ñan kōjbarok armij ro jot:

- Ekanak juon māj eman joñan turin ro jōt im ilo loblej iumin 10 raan elikin am kar epāāke.
- Bōk teej 5 likio in raan elikin am kar epāāke COVID-19.
- Lale kakölle ko an COVID-19. Ñe kwonij bōk nañinmej, pād wōt mweo imōm, loore unin tōl ñan jenolok, im bōk teej.

Epāāke Nañinmej eo



Pija in ej itok jān Rā eo an Ejmour ilo bukwon eo Salt Lake

Kottar 5 raan elikin am epāāke nañinmej eo ñan bōk teej. Mennin ej kōmman an bwe joñan nañinmij eo iloan enbwinnim ñan an walok ilo teej ko. Kwe maroñ in aikuj in bar teej elaplak jān juon alen, pedped ion teej rot eo kwar bōke im ñe ewōr kakölle ilo ien eo kwoj teej. Loore jenolōktōl ñe emoj an alikkar teej eo am elikin am epāāke.



Kwon jab teej elikin am epāāke ñe emoj an **diklak jān 90 raan ko** (emaroñ 3 allon ko) jān mōkta jān am kar alikkar teej eo am ñan COVID-19, kin joñan eo im ejjab nana lak kakölle ko am. Botaab, ñe ewor am kakölle kāāl ako emōj **anlaplok jān 90 raan ko** jān ien eo ekkar alikkar teej eo am.

Lale kakölle ko an COVID-19 im bōk teej ñe kwonij nañinmej.



Piba



Bokbok



Kadu menwaam



Diklok am at bwin ak neman jabdewōt



Metak büro



Metak majel ko

(joñan bwil 100.4°F aka 38°C
aklaplak ak eñjaake am bwil)