



## Umuntu wese afise imyaka 5 canke irenga ashobora kuronka urucanco rwa COVID-19 KUBUNTU ubu nyene!

### **Incanco za COVID-19 nta nkomanzi zigira kandi zirafasha.**

Incanco za COVID-19 zidufasha kugarukana ubuzima bwacu. Inyungu zo gucandarwa ziruta kure cane ingaruka zo kwandura uwo mugera. Abantu benshi bagira ingaruka zidahambaye, nko kubabara k'ukuboko. Incanco za COVID-19 zimeze neza mugukingira indwara zikaze, kwinjira ibitaro, canke urupfu ruturutse kuri uwo mugera.



**Kugira uronke uwushobora kuguha urucanco hafi yawe, ja kuri [vaccinefinder.org](https://vaccinefinder.org).** Ushobora gusaba gahunda k'urubuga ngurukanabumenyi canke kuri terefone. Ibitaro bimwe vy'icandagiho bizokwemera ko wiyandikisha imbere canke uhashitse. **Gahunda zishobora kwuzura ningoga. Bishobora gufata umwanya wo kugerageza kugira uronke gahunda.**

- **Urucanco ni KUBUNTU ku bantu bose.** NTUtegerezwa kugira icete co kwivurizako, kuba uri umunyamerika canke uwuhaba, canke ufise inomeru yo gukingirwa mukibano.. Abatanga urucanco ntibatanga inkuru n'imwe yawe kubajewe uruja n'uruza rw'abantu canke abajewe ivy'amategeko.
- Utegerezwa kuzana ikintu kiriko izina ryawe (nk'ishusho ya karangamuntu yawe, fagitire y'amatare canke amazi, canke ikete riteweko umukono n'umuntu avuga ko uri uwo uvuga ko uri we).
- Nimba udafise imashini nyabwonko canke utaja k'ubuhinga ngurukanabumenyi, baza umuntu wizeye agufashe wiyandikishe kugira uronke gahunda.
- Ushobora gushaka ko uwutanga urucanco amenya imbere yuko uhashika nimba uzokenera ibiguherekeza (nk'uwugufasha muvy'ururimi canke agatebe k'abagendana ubumuga).

Nimba ufise ibibazo vyerekeye urucanco rwa COVID-19, [raba coronavirus.utah.gov/vaccine](https://raba.coronavirus.utah.gov/vaccine). canke uhamagare umurongo w'ubutabazi wa COVID-19 kuri **1-800-456-7707**.