

Phased Guidelines for the General Public and Businesses to Maximize Public Health and Economic Reactivation Version 4.8

This is an addendum to [Utah Leads Together 2.0](https://coronavirus.utah.gov/utah-leads-together/)¹. The Governor’s Office of Management and Budget and the Utah Department of Health, with assistance from Leavitt Partners, have developed recommendations to support the roadmap for reactivation of the Utah economy while stabilizing public health.

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¹ <https://coronavirus.utah.gov/utah-leads-together/>

Phased Guidelines for the General Public and Businesses to Maximize Public Health and Economic Reactivation

Overview of Guidelines for the General Public

High Risk

Moderate Risk

Low Risk

New Normal Risk

Overview of Guidelines for General Public	High Risk	Moderate Risk	Low Risk	New Normal Risk
	<ul style="list-style-type: none"> • General public and employers take extreme precautions • Face coverings worn in public settings where other physical distancing measures are difficult to maintain • Follow strict hygiene standards, including: <ul style="list-style-type: none"> • Wash hands frequently with soap and water for at least 20 seconds • Use hand sanitizer frequently • Avoid touching your face • Cover coughs or sneezes (e.g. into a tissue, sleeve, or elbow; not hands) • Regularly clean high-touch surfaces (e.g. door handles, counters, light switches, remote controls, restroom surfaces) • Follow any other standards promulgated by the Centers for Disease Control and Prevention (CDC), the Utah Department of Health, and local health department • Do not shake hands • In-person interactions limited to individual households; Interactions in groups of 10 or fewer • Increase virtual interactions • Leave home infrequently; stay 6 feet away from others when outside the home • Regularly disinfect high-touch areas (e.g. door handles, buttons/switches, countertops, handrails, shopping carts, check-out counters, restroom surfaces) • Give sick family members their own room if possible and keep the door closed • Have only one family member care for the sick individual • Schools closed • Employees and volunteers of businesses operate remotely, unless not possible 	<ul style="list-style-type: none"> • General public and employers take extreme precautions • Face coverings worn in public settings where other physical distancing measures are difficult to maintain • Follow strict hygiene standards, including: <ul style="list-style-type: none"> • Wash hands frequently with soap and water for at least 20 seconds • Use hand sanitizer frequently • Avoid touching your face • Cover coughs or sneezes (e.g. into a tissue, sleeve, or elbow; not hands) • Regularly clean high-touch surfaces (e.g. door handles, counters, light switches, remote controls, restroom surfaces) • Follow any other standards promulgated by the Centers for Disease Control and Prevention (CDC), the Utah Department of Health, and local health department • Do not shake hands • In-person interactions in decreased group sizes that enable all physical distancing guidelines to be maintained; social interactions in groups of 20 or fewer • Increase virtual interactions • Leave home infrequently, stay 6 feet away from others when outside the home • Regularly disinfect high-touch areas (e.g. door handles, buttons/switches, countertops, handrails, shopping carts, check-out counters, restroom surfaces) • Give sick family members their own room if possible and keep the door closed • Have only one family member care for the sick individual • Schools closed • Employees and volunteers of businesses operate remotely, unless not possible 	<ul style="list-style-type: none"> • General public and employers take reasonable precautions • Face coverings worn in public settings where physical distancing measures are difficult to maintain • Follow strict hygiene standards, including: <ul style="list-style-type: none"> • Wash hands frequently with soap and water for at least 20 seconds • Use hand sanitizer frequently • Avoid touching your face • Cover coughs or sneezes (e.g. into a tissue, sleeve, or elbow; not hands) • Regularly clean high-touch surfaces (e.g. door handles, counters, light switches, remote controls, restroom surfaces) • Follow any other standards promulgated by the Centers for Disease Control and Prevention (CDC), the Utah Department of Health, and local health department • Do not shake hands • In-person interactions in decreased group sizes that enable all physical distancing guidelines to be maintained; social interactions in groups 50 or fewer • Maintain physical distancing when in public settings • Regularly disinfect high-touch areas (e.g. door handles, buttons/switches, countertops, handrails, shopping carts, check-out counters, restroom surfaces) • Give sick family members their own room if possible and keep the door closed • Have only one family member care for the sick individual • Schools refer to K-12 guidelines on page 7 • All businesses operational if they can meet and adhere to all related guidelines 	<ul style="list-style-type: none"> • General public follows current federal and local public health precautions • Use of face coverings in business and social settings is encouraged when physical distancing is not feasible • All businesses are operating and encouraged to follow General Guidelines for Employers on page 23

Phased Guidelines for the General Public and Businesses to Maximize Public Health and Economic Reactivation

High Risk	Moderate Risk	Low Risk	New Normal Risk
<ul style="list-style-type: none"> • Employers evaluate workforce strategy, concerns, and enact strategies to minimize economic impact • Encourage high-contact businesses not to operate • Symptom checking in public and business interactions (checklist or verbal), including temperature checks when feasible • Design spaces to maintain 6-foot distance between individuals • Limit travel to essential travel only², quarantine 14 days upon return from high-risk areas³ (this quarantine protocol does not apply to an individual who travels out of state pursuant to the individual’s regular and ordinary duties as an employee of a transportation business or entity) 	<ul style="list-style-type: none"> • Employers evaluate workforce strategy, concerns, and enact strategies to minimize economic impact • High-contact businesses can operate under strict protocols • Restaurants are open for dine-in services with strict requirements • Symptom checking in public and business interactions (checklist or verbal), including temperature checks when feasible • Design spaces to maintain 6-foot distance between individuals • Limit out-of-state travel, quarantine 14 days upon return from high-risk areas³ (this quarantine protocol does not apply to an individual who travels out of state pursuant to the individual’s regular and ordinary duties as an employee of a transportation business or entity) 	<ul style="list-style-type: none"> • Employers exercise discretion with remote work and returning to onsite work • Symptom checking in public and business interactions (checklist or verbal), including temperature checks when feasible • Design workspaces to maintain 6-foot distance between individuals. If impossible to do so, a partition must be installed for separation or a face covering must be worn • Reconsider any nonessential travel into areas with widespread community transmission of COVID-19 • In the state of Utah, adhere to guidelines of geographic area currently in 	

² Essential travel means to: safely relocate by an individual whose home or residence is unsafe, including individuals who have suffered or are at risk of domestic violence, or for whom the safety, sanitation or essential operations of the home or residence cannot be maintained; care for a family member or friend in the same household or another household, including transporting family members or friends; transport a child according to existing parenting time schedules or other visitation schedules pertaining to a child in need of protective services; care for pets, including travel to a veterinarian; seek emergency services; obtain medications and medical services; donate blood; obtain food, including delivery or carry-out services, beverages (alcoholic and non-alcoholic), and other grocery items, gasoline, supplies required to work from home, and products needed to maintain the safety, sanitation, and essential operation of homes and residences, businesses, and personally owned vehicles, including automobiles and bicycles; perform work if you cannot telework; transport/deliver essential goods; engage in recreational and outdoor activities; laundromats and dry cleaners; return to a home or place of residence

³ <https://www.cdc.gov/coronavirus/2019-ncov/travelers/map-and-travel-notice.html>

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Tiered Guidelines for Individuals at Higher-Risk

Individuals at increased risk of severe illness from COVID-19 are people of any age with underlying medical conditions such as: chronic kidney disease; COPD (chronic obstructive pulmonary disease); immunocompromised state (weakened immune system) from solid organ transplant; obesity (body mass index of 30 or higher); serious heart conditions, such as heart failure, coronary artery disease, or cardiomyopathies; sickle cell disease; type 2 diabetes mellitus

Children who are medically complex, who have neurologic, genetic, metabolic conditions, or who have congenital heart disease are at higher risk for severe illness from COVID-19 than other children

Risk increases with age; to see if your age puts you at higher risk, visit [this link](#) for additional details

Risk increases with certain underlying medical conditions, visit [this link](#) for additional details

	High Risk	Moderate Risk	Low Risk	New Normal Risk
Actions by Higher-risk Individuals	<ul style="list-style-type: none"> • Face coverings worn at all times in public setting • Limit travel to only essential travel, as defined on page 3; if telework is not possible, limit travel to work-related travel only • Limit visiting friends or family without urgent need • Limit physical interactions with other higher-risk individuals, except for members of your household or residence • Limit attending gatherings of any number of people outside your household or residence • Do not visit hospitals, nursing homes, or other residential care facilities 	<ul style="list-style-type: none"> • Face coverings worn at all times in public setting • Limit travel to only essential travel, as defined on page 3; if telework is not possible, limit travel to work-related travel only • Limit visiting friends or family without urgent need • Limit physical interactions with other higher-risk individuals, except for members of your household or residence • Limit attending gatherings of any number of people outside your household or residence • Do not visit hospitals, nursing homes, or other residential care facilities 	<ul style="list-style-type: none"> • Face coverings worn in settings where other physical distancing measures are difficult to maintain • For any travel, use appropriate precautions; avoid high-risk areas • Telework if possible, if not, maintain 6-foot distance • When visiting friends or family, wear face coverings when within a 6-foot distance • Limit physical interactions with other higher-risk individuals, except for members of your household or residence • Social interactions in groups of 20 or fewer people outside your household or residence • Limit visits to hospitals, nursing homes, or other residential care facilities 	<p>Due to the increased likelihood of COVID-19 spread in the New Normal phase, the following are strongly recommended for all higher-risk individuals:</p> <ul style="list-style-type: none"> • Do not interact with symptomatic individuals in person or engage in close contact • Continue to follow the principles of physical distancing, enhanced hygiene practices, symptom monitoring • Use face coverings when around non-household individuals and request visitors to do the same • Increased caution when interacting with the general public, when visiting public settings, or when interacting with those not practicing physical distancing • For any travel, use appropriate precautions; avoid high-risk areas
Interactions with Higher-risk Individuals	<ul style="list-style-type: none"> • Avoid physical interactions with higher-risk individuals as much as possible • No visits to hospitals, nursing homes, and other residential care facilities • Targeted testing for those working with higher-risk individuals 	<ul style="list-style-type: none"> • Avoid physical interactions with higher-risk individuals as much as possible • No visits to hospitals, nursing homes, and other residential care facilities • Targeted testing for those working with higher-risk individuals 	<ul style="list-style-type: none"> • Individuals not experiencing symptoms consistent with COVID-19 take extra precautions and follow strict hygiene standards when interacting with higher-risk groups • Do not interact with symptomatic individuals • Limit visits to hospitals • No visits to nursing homes and other residential care facilities • Targeted testing for those working with higher-risk individuals 	<ul style="list-style-type: none"> • Symptomatic individuals, or close contacts of those who have tested positive for COVID-19 in the last 14 days, should not interact with higher-risk individuals • Follow the principles of physical distancing, enhanced hygiene practices including wearing a face covering, and symptom monitoring • Follow facility guidance when visiting hospitals, nursing homes, or other residential care facilities

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High Risk

Moderate Risk

Low Risk

New Normal Risk

Households with Higher-risk Individuals

- For those living with a higher-risk individual, household members should conduct themselves as if they are a significant risk to the higher-risk individual
- Wash hands before interacting with higher-risk household members, including before feeding or providing care
- Provide a protected space for higher-risk household members including separate bathroom accommodations if possible; ensure high-touch surfaces and objects are cleaned regularly
- Those who are, or work with, vulnerable populations should undergo daily screening/symptom monitoring and should be tested if they develop COVID-19 symptoms
- Consider providing additional protections or more intensive care for higher-risk household member; additional CDC guidance for higher-risk populations can be found [here](#)⁴

⁴ <https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/what-you-can-do.html>

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Tiered Guidelines for the General Public

High Risk

Moderate Risk

Low Risk

New Normal Risk

Social Guidelines	<ul style="list-style-type: none"> • General public takes extreme precautions • Stay 6 feet away from others when outside the home unless not possible • Face coverings worn in settings where other physical distancing measures are difficult to maintain • In-person interactions limited to individual households; increase virtual interactions • Essential travel only. Leave home infrequently • Social interactions in groups of 10 or fewer 	<ul style="list-style-type: none"> • General public takes extreme precautions • Stay 6 feet away from others when outside the home unless not possible • Face coverings worn in settings where other physical distancing measures are difficult to maintain • In-person interactions limited to individual households and those who have been following recommended distancing/hygiene guidelines; increase use of virtual interactions • Leave home infrequently • Private, social interactions that occur without oversight by a formal organization are allowable in groups of 20 or fewer 	<ul style="list-style-type: none"> • General public takes reasonable precautions • Physical distance whenever feasible; face coverings are to be worn when physical distancing is not feasible • Private, social interactions are allowable in groups of 50 or fewer, or according to event guidelines from page 16; this may be increased incrementally based on data & milestone trends 	<p>As restrictions are lifted in the New Normal phase, the likelihood of COVID-19 spread is increased. Because of this, the following are strongly encouraged for all individuals:</p> <ul style="list-style-type: none"> • General public follows current federal and local public health precautions • Symptomatic individuals should not attend social gatherings • Hygiene measures, physical distancing, face coverings, and symptom monitoring are encouraged for all group gatherings
Use of Face Coverings	<p>While wearing face coverings has proven to be somewhat effective in slowing the spread of COVID-19, they will not completely eliminate the risk of COVID-19 spread. Therefore, sound judgment, physical distancing and hygiene practices are important principles that must accompany appropriate use of face coverings</p> <ul style="list-style-type: none"> • Face coverings (e.g. mask, scarf, gaiter, bandana) worn in public settings where other physical distancing measures are difficult to maintain • Change or launder cloth face coverings routinely • Individuals should stay 6 feet away from others even when wearing a face covering • Cloth face coverings should not be placed on young children under the age of 2, anyone who has trouble breathing, or is unconscious, incapacitated, or otherwise unable to remove the mask without assistance 	<p>While wearing face coverings has proven to be somewhat effective in slowing the spread of COVID-19, they will not completely eliminate the risk of COVID-19 spread. Therefore, sound judgment, physical distancing and hygiene practices are important principles that must accompany appropriate use of face coverings</p> <ul style="list-style-type: none"> • Face coverings (e.g. mask, scarf, gaiter, bandana) worn in public settings where other physical distancing measures are difficult to maintain • Change or launder cloth face coverings routinely • Individuals should stay 6 feet away from others even when wearing a face covering • Cloth face coverings should not be placed on young children under the age of 2, anyone who has trouble breathing, or is unconscious, incapacitated, or otherwise unable to remove the mask without assistance 	<p>While wearing face coverings has proven to be somewhat effective in slowing the spread of COVID-19, they will not completely eliminate the risk of COVID-19 spread. Therefore, sound judgment, physical distancing and hygiene practices are important principles that must accompany appropriate use of face coverings</p> <ul style="list-style-type: none"> • Face coverings (e.g. mask, scarf, gaiter, bandana) worn in public settings where physical distancing measures are difficult to maintain • Change or launder cloth face coverings after each day's use • Cloth face coverings should not be placed on young children under the age of 2, anyone who has trouble breathing, or is unconscious, incapacitated, or otherwise unable to remove the mask without assistance 	<p>While wearing face coverings has proven to be somewhat effective in slowing the spread of COVID-19, they will not completely eliminate the risk of COVID-19 spread. Therefore, sound judgment, physical distancing and hygiene practices are important principles that must accompany appropriate use of face coverings.</p> <p>As restrictions are lifted in the New Normal phase, the likelihood of COVID-19 spread is increased. Because of this, the following are strongly encouraged for all individuals:</p> <ul style="list-style-type: none"> • Face coverings are encouraged to be worn as a means to slow the spread of COVID-19 • Face coverings should be worn to protect those who are higher-risk • Face coverings are encouraged to be worn when physical distancing is not feasible
Children, including Playgrounds	<ul style="list-style-type: none"> • Follow all social guidelines outlined on page 6 • Do not arrange or participate in in-person playdates or similar activities 	<ul style="list-style-type: none"> • Follow all social guidelines outlined on page 6 • Do not arrange or participate in in-person playdates or similar activities 	<ul style="list-style-type: none"> • Follow all social guidelines outlined on page 6 • Increased cleaning and hygiene regimen 	<ul style="list-style-type: none"> • Follow all social guidelines outlined above • All symptomatic children should stay home from school and childcare, and will be sent home if exhibiting any symptoms

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	High Risk	Moderate Risk	Low Risk	New Normal Risk
	<ul style="list-style-type: none"> Do not allow children on public playground 	<ul style="list-style-type: none"> Do not allow children on public playground 	<ul style="list-style-type: none"> Limit child interaction with other children in public spaces (e.g. playground equipment) 	
K-12 Schools	<ul style="list-style-type: none"> Follow all guidelines outlined on page 6 & page 12 Do not attend school outside the home Soft closure of schools; distance learning only Schools may send home food 	<ul style="list-style-type: none"> Follow all guidelines outlined on page 6 & page 12 Schools may open with some level of in-person instruction Local education agencies (school districts and charter schools also known as LEAs) will develop plans for reopening schools for in-person instruction Plans must be approved by the local school board or charter school governing board Plans must address the elements and minimum requirements contained in the Utah State Board of Education’s Planning Requirements and Recommendations for K-12 School Openings document Plans must address the elements and minimum requirements contained in the Utah State Board of Education’s Planning Requirements and Recommendations for K-12 School Openings document If an LEA elects for soft school closure, schools may send home food Refer to Appendix C for details regarding exceptions to face coverings during school-sponsored activities 	<ul style="list-style-type: none"> Public schools are open Local education agencies (school districts and charter schools also known as LEAs) will develop plans for reopening schools for in-person instruction Plans must be approved by the local school board or charter school governing board Plans must address the elements and minimum requirements contained in the Utah State Board of Education’s Planning Requirements and Recommendations for K-12 School Openings document Refer to Appendix C for details regarding exceptions to face coverings during school-sponsored activities 	<ul style="list-style-type: none"> Public schools are open Local education agencies (school districts and charter schools also known as LEAs) will develop plans for reopening schools for in-person instruction Plans must be approved by the local school board or charter school governing board Plans must address the elements and minimum requirements contained in the Utah State Board of Education’s Planning Requirements and Recommendations for K-12 School Openings document Refer to Appendix C for details regarding exceptions to face coverings during school-sponsored activities
Driver’s Education, specifically on Range and Roads	<ul style="list-style-type: none"> Not in operation 	<ul style="list-style-type: none"> Follow all guidelines outlined on page 6 & page 12 Symptom checking of all staff at the beginning of each shift (checklist or verbal), including temperature checks when feasible Symptom checking of participants prior to entering the vehicle (checklist or verbal), including temperature checks when feasible Wash or sanitize hands before entering the vehicle and after leaving the vehicle Appointments scheduled with enough time allowed to disinfect all surfaces between students 	<ul style="list-style-type: none"> Follow all guidelines outlined on page 6 & page 12 Symptom checking of all staff at the beginning of each shift (checklist or verbal), including temperature checks when feasible Symptom checking of participants prior to entering the vehicle (checklist or verbal), including temperature checks when feasible Wash or sanitize hands before entering the vehicle and after leaving the vehicle Appointments scheduled with enough time allowed to disinfect all surfaces between students 	<ul style="list-style-type: none"> Follow all guidelines outlined on page 6 & page 23 Symptom checking of all staff at the beginning of each shift (checklist or verbal), including temperature checks when feasible Symptom checking of participants prior to entering the vehicle (checklist or verbal), including temperature checks when feasible Wash or sanitize hands before entering the vehicle and after leaving the vehicle Appointments scheduled with enough time allowed to disinfect all surfaces between students

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High Risk

Moderate Risk

Low Risk

New Normal Risk

	High Risk	Moderate Risk	Low Risk	New Normal Risk
		<ul style="list-style-type: none"> Both students and instructors wear face coverings Maximum 2 students and 1 instructor per vehicle No food or drinks in the vehicle When services are not being directly provided, 6 feet of physical distance must be maintained. This includes student and family waiting areas and between scheduled drive times Share student and parent documents electronically; avoid handling and sharing paperwork Higher-risk instructors and students follow recommendations for higher-risk individuals 	<ul style="list-style-type: none"> Both students and instructors wear face coverings Maximum 3 students and 1 instructor per vehicle No food or drinks in the vehicle When services are not being directly provided, 6 feet of physical distance must be maintained. This includes student and family waiting areas and between scheduled drive times Share student and parent documents electronically; avoid handling and sharing paperwork Higher-risk instructors and students follow recommendations for higher-risk individuals 	<ul style="list-style-type: none"> Both students and instructors wear face coverings Maximum 3 students and 1 instructor per vehicle No food or drinks in the vehicle When services are not being directly provided, 6 feet of physical distance must be maintained. This includes student and family waiting areas and between scheduled drive times Share student and parent documents electronically; avoid handling and sharing paperwork Higher-risk instructors and students follow recommendations for higher-risk individuals
Higher Education Institutions	<ul style="list-style-type: none"> Follow all guidelines outlined on page 6 & page 12 Classes limited to distance learning Follow state and local guidelines for activities and environments (i.e. events, food services, childcare and other defined categories) 	<ul style="list-style-type: none"> Follow all guidelines outlined on page 6 & page 12 Classes limited to distance learning All symptomatic employees and students should stay off campus, or self-isolate or quarantine if residing on campus Follow state and local guidelines for activities and environments (i.e. events, food services, travel, childcare and other defined categories) Limit campus visitors (between living units, from other dorm halls, and from off campus) Campus visitors are notified of COVID-19 prevention guidelines For residential campuses: <ul style="list-style-type: none"> Provide isolation or quarantine facilities for students showing symptoms or students with positive tests and include accommodations (e.g. food delivery, distance learning resources, etc.) Common areas in dorm rooms are closed Encourage enhanced symptom monitoring, methods for cohort identification and proper utilization of testing in consultation with public health officials 	<ul style="list-style-type: none"> Follow all guidelines outlined on page 6 & page 12 Campuses may be open for in person students and faculty with increased cleaning and hygiene regimen In cooperation with the Utah System of Higher Education, each institution will develop individualized plans for repopulating campuses, monitoring for incidences, containing outbreaks, and reclosing if necessary Monitor employees and students for symptoms Employees and students encouraged to use Healthy Together mobile app to help contain the spread of COVID-19 All symptomatic employees and students should stay off campus, or self-isolate or quarantine if residing on campus Faculty and staff wear face coverings when physical distancing is not feasible Details regarding face coverings for students will be provided by the Utah System of Higher Education in consultation with state government 	<ul style="list-style-type: none"> Follow all guidelines outlined on page 6 & page 23 Campuses may be open for in-person students and faculty with increased cleaning and hygiene regimen In cooperation with the Utah System of Higher Education, each institution will develop individualized plans for repopulating campuses, monitoring for incidences, containing outbreaks, and reclosing if necessary Employees and students encouraged to use Healthy Together mobile app to help contain the spread of COVID-19

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High Risk

Moderate Risk

Low Risk

New Normal Risk

	High Risk	Moderate Risk	Low Risk	New Normal Risk
			<ul style="list-style-type: none"> • Hand sanitizer made available to faculty and students in each classroom or regular handwashing routines instituted • Students sit 6 feet apart where possible; where not possible, students wear face coverings and institutions record attendance and seating location to support contact tracing • Follow state and local guidelines for activities and environments (i.e. events, food services, travel, childcare and other defined categories) • Campus visitors are notified of COVID-19 prevention guidelines • For residential campuses: <ul style="list-style-type: none"> ○ Provide isolation or quarantine facilities for students showing symptoms or students with positive tests; provide for appropriate accommodations (e.g. food delivery, distance learning resources, etc.) ○ Common areas in dorm rooms may be open but should be cleaned and disinfected frequently • Encourage enhanced symptom monitoring, methods for cohort identification and proper utilization of testing in consultation with public health officials 	
Outdoor Recreation, Youth Outdoor Sports, including Parks, Playgrounds, Pavilions	<ul style="list-style-type: none"> • Follow all guidelines outlined on page 6 & page 12 • Remain at least 6 feet apart from individuals from other households while engaging in outdoor activities (e.g., walking, hiking, running, bicycling, hunting, fishing, etc.) • Do not touch high-touch surfaces, including handrails, trail signs, maps • Do not congregate at trailheads, parks, or other outdoor spaces • Do not engage in close-contact or team sports • Do not travel to, or participate in activities at, any of the following locations: 	<ul style="list-style-type: none"> • Follow all guidelines outlined on page 6 & page 12 • Remain at least 6 feet apart from individuals from other households while engaging in outdoor activities (e.g., walking, hiking, running, bicycling, hunting, fishing, etc.) • Do not touch high-touch surfaces, including handrails, trail signs, maps • Do not congregate at trailheads, parks, or other outdoor spaces • Do not engage in sporting activities requiring teammates or opponents to be closer than 10' from one another 	<ul style="list-style-type: none"> • Follow all guidelines outlined on page 6 & page 12 • Remain at least 6 feet apart from individuals from other households while engaging in outdoor activities (e.g., walking, hiking, running, bicycling, hunting, fishing, etc.) • Avoid contact with high-touch surfaces, including handrails, trail signs, maps • Do not congregate at trailheads, parks, or other outdoor spaces • Distribution of promotional items, candy, food items, etc. during spectator events must be distributed in a manner that does not promote congregating 	<ul style="list-style-type: none"> • Follow all guidelines outlined on page 6 & page 23 • Participants (e.g., players, performers, actors) encouraged to have their symptoms checked prior to each competition or practice • Roster or list of participants and their contact information encouraged to be maintained when engaging in formal competitive events to assist with contact tracing efforts when physical distancing is not feasible • Spectators encouraged to maintain physical distancing between household groups and wear face coverings when physical distancing guidelines are difficult to maintain

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	High Risk	Moderate Risk	Low Risk	New Normal Risk
	<ul style="list-style-type: none"> ○ places of public amusement or public activity ○ public swimming pools ○ gyms, and fitness centers ● Do not go to or engage in activities at a state park located outside the county in which you reside (the availability of national parks will be determined in consultation with the National Park Service and the county in which the park is located) 	<ul style="list-style-type: none"> ● Skills development and conditioning activities are allowable under physical distancing guidelines ● Staff must disinfect all equipment after each use ● Follow guidelines for state and national parks 	<ul style="list-style-type: none"> ● Participants (e.g., players, performers, actors) should have their symptoms checked prior to each competition or practice; those who are symptomatic cannot participate and should self-quarantine ● If a participant has been in close contact (within 6 feet for 15 minutes or more) with an individual who has tested positive for COVID-19, they should be excluded from participation for at least 14 days from their last exposure ● Roster or list of participants and their contact information must be maintained when engaging in formal competitive events to assist with contact tracing efforts when physical distancing is not feasible ● Follow guidelines for state and national parks ● Recreation camps may operate in accordance with existing policy and health guidelines ● Recreational vehicle parks may operate in accordance with existing policy and health guidelines ● Roadway rest areas may open and operate in accordance with existing policy and health guidelines ● Spectators maintain physical distancing between household groups and wear face coverings when physical distancing guidelines are difficult to maintain 	
Pools, Water Parks, Spas	<ul style="list-style-type: none"> ● Follow all guidelines outlined on page 6 & page 12 ● Pools are closed 	<ul style="list-style-type: none"> ● Follow all guidelines outlined on page 6 & page 12 ● Pools are limited to lap swim only, one swimmer per lane; no congregating on pool decks ● Swim team is allowed as long as physical distancing is allowed on pool deck ● Symptom screening ● Maintain signage that encourages physical distancing guidelines to be met at all times 	<ul style="list-style-type: none"> ● Follow all guidelines outlined on page 6 & page 12 ● Open plunge operates at a reduced capacity that enables appropriate physical distancing to be maintained between household groups on pool deck ● Face coverings are worn by individuals on the pool deck when physical distancing is not feasible ● Lap swimming resumes to normal capacity 	<ul style="list-style-type: none"> ● Follow all guidelines outlined on page 6 & page 12 ● Resume full operation; pools are encouraged to follow General Guidelines for Employers on page 23

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High Risk

Moderate Risk

Low Risk

New Normal Risk

	High Risk	Moderate Risk	Low Risk	New Normal Risk
Religious Services	<ul style="list-style-type: none"> Follow all social guidelines outlined on page 6 Recommend streamed services to households 	<ul style="list-style-type: none"> Seating arrangements should be made such that a 6-foot distance is maintained between each household group Limit the number of people in a confined area to enable adequate 6-foot distancing at all times between each household group. See Appendix B for additional considerations. 	<ul style="list-style-type: none"> Swim team and swim lessons are allowed as long as physical distancing is followed on pool deck Lifeguard training is allowable; safeguards encouraged as much as possible during training including symptom checking of trainees (checklist or verbal), including temperature checks when feasible Maintain signage that encourages physical distancing guidelines to be met at all times Seating arrangements should be made such that a 6-foot distance is maintained between each household group Limit the number of people in a confined area to enable adequate 6-foot distancing at all times between each household group See Appendix B for additional considerations Places of worship consider filling each seat or standing space as long as: <ul style="list-style-type: none"> physical distancing is still promoted and maintained wherever feasible at the venue face coverings are worn by individuals when physical distancing is not feasible attendance is tracked and seating assignments, or designated sitting/standing areas, are utilized to assist with contact tracing efforts extra hygiene and sanitization practices in place, for example: Dedicated individuals for sanitizing high-touch areas 	<ul style="list-style-type: none"> Places of worship are encouraged to consider all social guidelines outlined on page 6 and principles outlined in General Guidelines for Employers on page 23

Phased Guidelines for the General Public and Businesses to Maximize Public Health and Economic Reactivation

Tiered Recommendations for Businesses and Employees

High Risk

Moderate Risk

Low Risk

New Normal Risk

<p>General Employer Guidelines Intended for Use in All Industries</p>	<p>Employers exercise extreme caution, with employees working remotely, evaluating workforce concerns, and enacting strategies to minimize economic impact. Businesses that necessitate on-site work should monitor workforce for symptoms and well-being.</p> <ul style="list-style-type: none"> • Employers take extreme precautions • Provide accommodations to higher-risk employees • Employees and volunteers operate remotely, unless not possible • Symptom⁵ checking in business interactions • Face coverings worn in settings where other physical distancing measures are difficult to maintain; ensure that face coverings are available • Make every possible effort to enable working from home as a first option; where not possible, workplaces comply with distancing and hygiene guidelines • Minimize face-to-face interactions, including with customers (e.g. utilize drive-thru, install partitions) • Where distancing and hygiene guidelines cannot be followed in full, businesses should consider whether that activity needs to continue for the business to operate • Eliminate unnecessary travel and cancel or postpone in-person meetings, conferences, workshops, and training sessions • Require employees to self-quarantine when returning from high-risk⁶ areas 	<p>Employers exercise extreme caution, with employees working remotely, evaluating workforce concerns, and enacting strategies to minimize economic impact. Businesses that necessitate on-site work should monitor workforce for symptoms and well-being.</p> <ul style="list-style-type: none"> • Employers take extreme precautions • Provide accommodations to higher-risk employees • Employees and volunteers operate remotely, unless not possible • Symptom⁵ checking in business interactions • Face coverings worn in settings where other physical distancing measures are difficult to maintain; ensure that face coverings are available • Make every possible effort to enable working from home as a first option; where not possible, workplaces comply with distancing and hygiene guidelines • Minimize face-to-face interactions, including with customers (e.g. utilize drive-thru, install partitions) • Where distancing and hygiene guidelines cannot be followed in full, businesses should consider whether that activity needs to continue for the business to operate • Eliminate unnecessary travel and cancel or postpone in-person meetings, conferences, workshops, and training sessions • Require employees to self-quarantine when returning from high-risk⁶ areas 	<p>Employers encourage flexible working arrangements (rotating shifts, remote work, etc.). Comply with distancing guidelines. Increased cleaning regimen of high-touch areas. Monitor employees for symptoms and well-being.</p> <ul style="list-style-type: none"> • All businesses operational if they can meet and adhere to all guidelines • Employers take reasonable precautions • Provide accommodations to higher-risk employees; minimize face-to-face contact, assign tasks that allow these individuals to maintain a 6-foot distance from other employees or customers, implement flexible work hours or staggered shifts, allow higher-risk individuals to work remotely • Symptom⁵ checking in business interactions • Face coverings worn in settings where other physical distancing measures are difficult to maintain; ensure that face coverings are available • Encourage remote work when possible; employers exercise discretion with returning to onsite work • Workplaces comply with distancing and hygiene guidelines • Limit unnecessary travel • Require employees to self-quarantine when returning from high-risk⁶ areas • Employers evaluate workforce strategy and concerns and enact strategies to minimize economic impact • Employers must not allow any individuals under isolation or quarantine to come to work at any time unless authorized by LHD 	<p>All businesses are open and operating under enhanced hygiene and cleaning regimen. Monitoring health of workforce and customers.</p> <ul style="list-style-type: none"> • Businesses refer to General Guidelines for Employers on page 23
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⁵ Symptoms include fever of 100.4 degrees Fahrenheit or above, cough, trouble breathing, sore throat, sudden change in taste or smell, muscle aches or pains refer to CDC symptoms list for updated details <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>

⁶ <https://www.cdc.gov/coronavirus/2019-ncov/travelers/map-and-travel-notice.html#travel-1>

Phased Guidelines for the General Public and Businesses to Maximize Public Health and Economic Reactivation

	High Risk	Moderate Risk	Low Risk	New Normal Risk
	<ul style="list-style-type: none"> Employers evaluate workforce strategy and concerns and enact strategies to minimize economic impact Employers must not allow any individuals under isolation or quarantine to come to work at any time unless authorized by LHD 	<ul style="list-style-type: none"> Employers evaluate workforce strategy and concerns and enact strategies to minimize economic impact Employers must not allow any individuals under isolation or quarantine to come to work at any time unless authorized by LHD 		
Restaurants, Food Service Establishments, Bars, Food Trucks, Convenience Stores	<p>Takeout, curbside pickup or delivery only. Extreme caution taken in food preparation. Physical distancing maintained. Contactless payment encouraged. Create safe environment for staff</p> <ul style="list-style-type: none"> Follow all employer guidelines outlined on page 12 Takeout only. This includes delivery, curbside pickup, third-party delivery (e.g., DoorDash, Grubhub, Uber Eats) Symptom checking of employees (checklist or verbal), including temperature checks when feasible Stagger workstations so workers can maintain a 6-foot distance and do not face one another Encourage contactless payment; if not possible, disinfect transaction terminal between customers Staff must sanitize hands between handling payment options and food/containers When delivering food, drivers use hand sanitizer before passing delivery to customers and use disposable containers/packaging that do not need to be returned Employers provide required personal protection equipment; see Appendix A Customers voluntarily provide contact information to assist with contact tracing efforts 	<p>Takeout, curbside pickup, or delivery options encouraged. Dine-in services allowable with extreme precaution, following strict guidelines around physical distancing and staff monitoring. Contactless payment encouraged. Create safe environment for staff</p> <ul style="list-style-type: none"> Follow all employer guidelines outlined on page 12 <p>For dine-in services⁷:</p> <ul style="list-style-type: none"> Dine-in services, including buffets and bars, may be open under the following requirements outlined in Appendix A <p>For takeout services:</p> <ul style="list-style-type: none"> Symptom checking of employees (checklist or verbal), including temperature checks when feasible Staff wear face coverings Stagger workstations so workers can maintain a 6-foot distance and do not face one another Encourage contactless payment; if not possible, disinfect transaction terminal between customers Staff must sanitize hands between handling payment options and food/containers When delivering food, drivers use hand sanitizer before passing delivery to customers and use disposable containers/packaging that do not need to be returned Employers provide required personal protection equipment; see Appendix A Customers voluntarily provide contact information to assist with contact tracing efforts 	<p>Dine-in service and bars are opened, with tables arranged so there is appropriate distance between diners. Increased hygiene practices for customers and staff</p> <ul style="list-style-type: none"> Follow all employer guidelines outlined on page 12 <p>For dine-in services:</p> <ul style="list-style-type: none"> Dine-in services, including buffets and bars, may be open under the following requirements outlined in Appendix A <p>For takeout services:</p> <ul style="list-style-type: none"> Symptom checking of employees (checklist or verbal), including temperature checks when feasible Staff wear face coverings when 6-foot distance is difficult to maintain Stagger workstations so workers can maintain a 6-foot distance and do not face one another unless barriers are used, or face coverings are worn Encourage contactless payment; if not possible, disinfect transaction terminal between customers Staff must sanitize hands between handling payment options and food/containers When delivering food, drivers use hand sanitizer before passing delivery to customers and use disposable containers/packaging that do not need to be returned Employers provide required personal protection equipment; see Appendix A 	Refer to General Guidelines for Employers on page 23

⁷ Dine-in services not recommended during moderate risk conditions. However, if dine-in services are opened, the following precautions should be taken

Phased Guidelines for the General Public and Businesses to Maximize Public Health and Economic Reactivation

	High Risk	Moderate Risk	Low Risk	New Normal Risk
Retail, including Grocery Stores, Pharmacy, Convenience Stores, Libraries	<p>Essential retail (e.g., grocery, hardware, etc.) create a safe environment for customers and staff with frequent reminders on distancing and hygiene. Monitor patrons and employees for symptoms. Customers and employees wear face coverings</p> <ul style="list-style-type: none"> Follow all employer guidelines outlined on page 12 Both customers and employees wear face coverings⁸ Maintain signage to remind and help individuals stand at least 6 feet apart, including outside when in line, and in store check-out lines Assign an employee to disinfect carts and baskets after each use Maximum number of patrons must be such that a 6-foot distance between patrons and employees can be easily maintained (1 person per 100 square feet) Make hand sanitizer readily available to customers and employees (e.g. at checkout counters and entrances, etc.) Limit purchase quantities on certain goods selling out quickly; this will help maintain ability to meet needs of patrons and limit crowds and lines Set an established window of time for higher-risk individuals to come in without pressure from crowds Staff may only come closer than 6 feet to other staff and customers when accepting payment or delivering goods or services if wearing face covering One-way aisles to support physical distancing 	<p>Retail establishments create a safe environment for customers and staff with frequent reminders on distancing and hygiene. Monitor employees for symptoms. Customers and employees wear face coverings</p> <ul style="list-style-type: none"> Follow all employer guidelines outlined on page 12 Both customers and employees wear face coverings⁸ Maintain signage to remind and help individuals stand at least 6 feet apart, including outside when in line, and in store check-out lines Assign an employee to disinfect carts and baskets after each use Maximum number of patrons must be such that a 6-foot distance between patrons and employees can be easily maintained (1 person per 100 square feet) Make hand sanitizer readily available to customers and employees (e.g. at checkout counters and entrances, etc.) Limit purchase quantities on certain goods selling out quickly; this will help maintain ability to meet needs of patrons and limit crowds and lines Set an established daily window of time for higher-risk individuals to come in without pressure from crowds Staff may only come closer than 6 feet to other staff and customers when accepting payment or delivering goods or services if wearing face covering One-way aisles to support physical distancing 	<ul style="list-style-type: none"> Customers voluntarily provide contact information to assist with contact tracing efforts <p>Retail establishments exercise discernment, establishing principles for safe environment and public trust. Monitor employees for symptoms and encourage face coverings for any interactions taking place within 6 feet</p> <ul style="list-style-type: none"> Follow all employer guidelines outlined on page 12 Face coverings are worn for interactions that take place within a 6-foot distance Maintain signage to remind and help individuals stand at least 6 feet apart, including in store check-out lines Assign an employee to disinfect carts and baskets regularly Resume to normal patron capacity if physical distancing guidelines can be maintained Make hand sanitizer readily available to customers and employees (e.g. at checkout counters and entrances, etc.) Set an established daily window of time for higher-risk individuals to come in without pressure from crowds One-way aisles to support physical distancing Consider installing a clear plastic partition between cashier and customer where it is not possible to maintain 6 feet of distance Deliver products through curbside pick-up or delivery for higher-risk population when possible <p>Specific Guidance for Grocery & Pharmacy</p> <ul style="list-style-type: none"> Separate order and delivery areas to keep customers from waiting too long in confined areas together Self-serving food areas follow guidelines on page 24; does not include fresh produce 	Refer to General Guidelines for Employers on page 23

⁸ Face coverings are extremely important in the retail setting, as customers are passing one another with high frequency

Phased Guidelines for the General Public and Businesses to Maximize Public Health and Economic Reactivation

High Risk

Moderate Risk

Low Risk

New Normal Risk

	<ul style="list-style-type: none"> Discourage bringing kids or strollers into stores when possible to allow as much space as possible in aisles Consider installing a clear plastic partition between cashier and customer where it is not possible to maintain 6 feet of distance Deliver products through curbside pick-up or delivery Make regular announcements to remind customers to follow physical distancing guidelines <p>Specific Guidance for Grocery & Pharmacy</p> <ul style="list-style-type: none"> Separate order and delivery areas to keep customers from waiting too long in confined areas together Prevent people from self-serving any food items that are ready to eat and are not prepackaged; does not include fresh produce Only make bulk items available if they are individually packaged Do not allow individuals to bring their own bags, mugs, or other reusable items from home If possible, waive prescription delivery fees 	<ul style="list-style-type: none"> Discourage bringing kids or strollers into stores when possible to allow as much space as possible in aisles Consider installing a clear plastic partition between cashier and customer where it is not possible to maintain 6 feet of distance Deliver products through curbside pick-up or delivery Make regular announcements to remind customers to follow physical distancing guidelines <p>Specific Guidance for Grocery & Pharmacy</p> <ul style="list-style-type: none"> Separate order and delivery areas to keep customers from waiting too long in confined areas together Prevent people from self-serving any food items that are ready to eat and are not prepackaged; does not include fresh produce Gravity-fed bulk bins are permitted. Self-serve food items including bulk bins or self-service cases where food is exposed or unprotected are not permitted. Individually packaged bulk items are encouraged; otherwise, personnel to monitor and sanitize touch points of bulk items at a set frequency based on utilization Do not allow individuals to bring their own bags, mugs, or other reusable items from home If possible, waive prescription delivery fees 	<ul style="list-style-type: none"> Gravity-fed bulk bins are permitted. Self-serve food items including bulk bins or self-service cases where food is exposed or unprotected are not permitted. Individually packaged bulk items are encouraged; otherwise, personnel to monitor and sanitize touch points of bulk items at a set frequency based on utilization Allow individuals to bring their own reusable bags If possible, waive prescription delivery fees for higher-risk individuals 	
Hospitality, Tourism & Accommodations	<p>Limited operations of this industry. Hotels and other accommodations take extreme safety precautions for both staff and guests</p> <ul style="list-style-type: none"> Follow all employer guidelines outlined on page 12 Staff and guests wear face coverings Maintain signage to remind groups to stand at least 6 feet apart and avoid congregating in common areas Gift shops continue to sell food, medicine, or other essential items Digital check-in and checkout encouraged 	<p>Hotels and other accommodations take extreme safety precautions for both staff and guests</p> <ul style="list-style-type: none"> Follow all employer guidelines outlined on page 12 Staff and guests wear face coverings Maintain signage to remind groups to stand at least 6 feet apart and avoid congregating in common areas Physical distancing maintained in all common areas or meeting rooms Digital check-in and checkout encouraged 	<p>Precautions taken with shared spaces; additional caution is taken with extra sanitation of all areas of the property</p> <ul style="list-style-type: none"> Follow all employer guidelines outlined on page 12 Face coverings worn in settings where other physical distancing measures are difficult to maintain Maintain signage to remind groups to follow physical distancing guidelines and avoid congregating in common areas Digital check-in and checkout encouraged 	Refer to General Guidelines for Employers on page 23

Phased Guidelines for the General Public and Businesses to Maximize Public Health and Economic Reactivation

	High Risk	Moderate Risk	Low Risk	New Normal Risk
	<ul style="list-style-type: none"> Consider installing plexiglass partition in areas coming into close contact with guests (e.g. registration, concierge, valet desks) Symptomatic guests should stay in their room and wear a face covering anytime they leave the room Consider designating one staff member to attend to sick guests Guest room cleaning should include a complete change of towels, linens, bedding, and guest consumable items while all hard surfaces and high-touch areas are completely disinfected with an EPA-registered chemical disinfectant When possible, rooms should remain vacant for 48 hours after check-out and prior to cleaning Launder all exposed linens and cleaning supplies separately Food should be served in a takeout-style (grab and go) manner; no buffet-style dining Swimming pools, gyms and fitness centers closed Provide guests with their own sanitation solutions or wipes to instill guest confidence (e.g., alcohol wipes for remote controls or shared surfaces) 	<ul style="list-style-type: none"> Consider installing plexiglass partition in areas coming into close contact with guests (e.g. registration, concierge, valet desks) Symptomatic guests should stay in their room and wear a face covering anytime they leave the room Consider designating one staff member to attend to sick guests Discontinue or decrease housekeeping services to prevent transmission between rooms during guest stays Guest room cleaning should include a complete change of towels, linens, bedding, and guest consumable items while all hard surfaces and high-touch areas are completely disinfected with an EPA-registered chemical disinfectant When possible, rooms should remain vacant for 48 hours after check-out and prior to cleaning Launder all exposed linens and cleaning supplies separately Provide guests with their own sanitation solutions or wipes to instill guest confidence (e.g., alcohol wipes for remote controls or shared surfaces) Pools follow guidelines on page 6 Fitness centers and follow guidelines on page 12 Restaurants follow guidelines on page 16 	<ul style="list-style-type: none"> Symptomatic guests should stay in their room and wear a face covering anytime they leave the room Consider designating one staff member to attend to sick guests Launder all exposed linens and cleaning supplies separately Pools follow guidelines on page 10 Fitness centers follow guidelines on page 19 Restaurants follow guidelines on page 13 	
Events, Cultural Arts & Entertainment (including Sporting Events, Concerts, Rodeos, Parades, Convention Centers, Theatres, Museums, Zoos, Aquariums, Aviaries, Botanical Gardens, Indoor	<p>In-person operation of this industry is allowable under increased cleaning regimen and operational protocols in place to ensure safe distancing restrictions are met</p> <ul style="list-style-type: none"> Follow all employer guidelines outlined on page 12 Spectators encouraged to attend remotely A 10-foot distance must be maintained between household groups at all times including while seated For reserved-seating facilities, facility capacity is dependent on ability to block reserved seats 	<p>In-person operation of this industry is allowable under increased cleaning regimen and operational protocols in place to ensure safe distancing restrictions are met</p> <ul style="list-style-type: none"> Follow all employer guidelines outlined on page 12 Controlled entrance and exit points that enable physical distancing guidelines to be maintained Ability to track attendance No temporary mass gatherings as defined in Rule R392-400 	<p>In-person operation of this industry is allowable under increased cleaning regimen</p> <ul style="list-style-type: none"> Follow all employer guidelines outlined on page 12 No temporary mass gatherings at a site or sites for a purpose different from the designed use and usual type of occupancy as defined in Rule R392-400 allowed Event size can exceed 50 individuals if organizational oversight can be provided that ensures guidelines are followed. Formal organizations will complete event management 	Refer to General Guidelines for Employers on page 23

Phased Guidelines for the General Public and Businesses to Maximize Public Health and Economic Reactivation

High Risk

Moderate Risk

Low Risk

New Normal Risk

<p>Arenas, Wedding Venues)</p>	<p>(demonstrated on digital seat map) to ensure safe radius</p> <ul style="list-style-type: none"> • Set an established window time for higher-risk groups to come in without pressure from crowds and/or separate entrances and queues • Limit the number of people in a confined area to enable adequate distancing at all times • Maintain signage to remind and help individuals stand at least 6 feet apart when in common areas or while visiting exhibits (e.g. museums, zoos, aquariums, aviaries, botanical gardens) • Congregating at any point is not allowed • Encourage contactless payment; disinfect between transactions and comply with other retail recommendations • Participants (e.g., players, performers, actors) in events should have their symptoms checked (checklist or verbal), including temperature checks when feasible • Electronic tickets and playbills encouraged in place of paper 	<ul style="list-style-type: none"> • Event size can exceed 20 individuals if organizational oversight can be provided that ensures guidelines are followed • A 6-foot distance must be maintained between household groups at all times including while seated • For reserved-seating facilities, facility capacity is dependent on ability to block reserved seats (demonstrated on digital seat map) to ensure safe radius • Set an established window time for higher-risk groups to come in without pressure from crowds and/or separate entrances and queues • Limit the number of people in a confined area to enable adequate distancing at all times • Maintain signage to remind and help individuals stand at least 6 feet apart when in common areas or while visiting exhibits (e.g. museums, zoos, aquariums, aviaries, botanical gardens) • Congregating at any point is not allowed • Encourage contactless payment; disinfect between transactions at facility stores/gift shops and comply with other retail recommendations • Participants (e.g., players, performers, actors) in events should have their symptoms checked (checklist or verbal), including temperature checks when feasible those who are symptomatic cannot participate and should self-quarantine • If a participant has been in close contact (within 6 feet for 15 minutes or more) with an individual who has tested positive for COVID-19, they should be excluded from participation for at least 14 days from their last exposure • Dedicated staff for sanitizing high-touch areas <p>Concessions:</p> <ul style="list-style-type: none"> • Serving and seating protocols consistent with restaurant guidance • Maintain 6-foot distancing for all lines 	<p>template. This document must be kept and available for inspection by the local health officer or designee</p> <ul style="list-style-type: none"> • Event organizational oversight must ensure: <ul style="list-style-type: none"> ○ Physical distancing is still promoted and maintained wherever feasible at the event ○ Face coverings are worn by individuals at the event when physical distancing is not feasible ○ At non-seated events, collection of event attendee contact information is encouraged to help identify and use a direct approach to contact potential exposures ○ Event venues with seating will be allowed to fill each seat as long as: <ul style="list-style-type: none"> ▪ Face coverings are worn by individuals at the event when physical distancing is not feasible and ▪ A required record of seating assignments and contact information for each party is kept for 21 days following the event ○ Extra hygiene and sanitization practices in place, for example: <ul style="list-style-type: none"> ▪ Dedicated staff for sanitizing high-touch areas ▪ Encourage contactless payment; disinfect between transactions at facility stores/gift shops and comply with other retail recommendations ○ Event does not exceed 6,000 individuals for outdoor events and 3,000 individuals for indoor events; this may be increased based on data and milestone trends • Organizations are encouraged to utilize the Healthy Together mobile app to help contain the spread of COVID-19 among its employees and patrons • Set an established window time for higher-risk groups to come in without pressure from crowds and/or separate entrances and queues 	
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Phased Guidelines for the General Public and Businesses to Maximize Public Health and Economic Reactivation

High Risk

Moderate Risk

Low Risk

New Normal Risk

		<ul style="list-style-type: none"> • Encourage contactless payment • To the extent reasonable, serve grab-and-go food items • Any concessions/restaurant seating is compliant with restaurant dine-in recommendations 	<ul style="list-style-type: none"> • Maintain signage to remind and help individuals stand at least 6 feet apart when in common areas or while visiting exhibits (e.g. museums, zoos, aquariums, aviaries, botanical gardens) • Participants (e.g., players, performers, actors) in events should have their symptoms checked (checklist or verbal), including temperature checks when feasible those who are symptomatic cannot participate and should self-quarantine • If a participant has been in close contact (within 6 feet for 15 minutes or more) with an individual who has tested positive for COVID-19, they should be excluded from participation for at least 14 days from their last exposure <p>Concessions:</p> <ul style="list-style-type: none"> • Serving and seating protocols consistent with restaurant guidance • Maintain 6-foot distancing for all lines • Encourage contactless payment • To the extent reasonable, serve grab-and-go food items • Any concessions/restaurant seating is compliant with restaurant dine-in recommendations 	
<p>Personal Services (including barbers, cosmetologists, body artists, nail technicians, massage therapists, tanning, etc.)</p>	<p>Extreme limitations of this industry</p> <ul style="list-style-type: none"> • Follow all employer guidelines outlined on page 12 • Business that rely on close human interaction encouraged not to stay open • Symptom checking (checklist or verbal), including temperature checks when feasible in all interactions • Face coverings worn by both service provider and client 	<p>Industry open under strict hygiene protocols. Service provider and customer wear face coverings. Meticulous monitoring of symptoms</p> <ul style="list-style-type: none"> • Follow all employer guidelines outlined on page 12 • Both service provider and client wear face coverings. Exception given for clients when mask interferes with service • Symptom checking (checklist or verbal), including temperature checks when feasible, of all staff at the beginning of each shift, with a log that can be made available for inspection by health department • Customers must have their symptoms checked before services are rendered 	<p>Industry open under strict hygiene protocols. Service provider and customer wear face coverings. Meticulous monitoring of symptoms</p> <ul style="list-style-type: none"> • Follow all employer guidelines outlined on page 12 • Both service provider and client wear face coverings. Exception given for clients when mask interferes with service • Symptom checking (checklist or verbal), including temperature checks when feasible, of all staff at the beginning of each shift, with a log that can be made available for inspection by health department • Screen clients upon entering the facility with a questionnaire asking about symptoms, travel, and any sicknesses in the home 	<p>Refer to General Guidelines for Employers on page 23</p>

Phased Guidelines for the General Public and Businesses to Maximize Public Health and Economic Reactivation

	High Risk	Moderate Risk	Low Risk	New Normal Risk
		<ul style="list-style-type: none"> • Appointments scheduled with enough time allowed to disinfect all procedure surfaces between services • Service provider maintains log of appointments with customer contact information to assist with contact tracing efforts • When services are not being directly provided, 6 feet of physical distance must be maintained. This includes waiting areas and between clients at all times • Contactless payment encouraged; financial equipment disinfected after each transaction 	<ul style="list-style-type: none"> • Procedure/service area surfaces are disinfected between each client • Appointments scheduled with enough time allowed to disinfect all procedure surfaces between services • Service provider maintains log of appointments with customer contact information to assist with contact tracing efforts • When services are not being directly provided, 6 feet of physical distance must be maintained. This includes in waiting areas and between clients at all times • Contactless payment encouraged; financial equipment disinfected after each transaction 	
Home Repair	<p>Operates under the General Guidelines for Employers. Strict hygiene</p> <ul style="list-style-type: none"> • Follow all employer guidelines outlined on page 12 • Inquire if homes have symptomatic individuals and exercise caution • Monitor symptoms of employees • Wash or sanitize hands before and after leaving a home • Wear face coverings and disinfect hands between each site • Disinfect tools after each site • Share estimates, invoices, and other documentation electronically 	<p>Operates under the General Guidelines for Employers. Strict hygiene</p> <ul style="list-style-type: none"> • Follow all employer guidelines outlined on page 12 • Inquire if homes have symptomatic individuals and exercise caution • Monitor symptoms of employees • Wash or sanitize hands before and after leaving a home • Wear face coverings and disinfect hands between each site • Disinfect tools after each site • Share estimates, invoices, and other documentation electronically 	<p>Operates under the General Guidelines for Employers. Strict hygiene</p> <ul style="list-style-type: none"> • Follow all employer guidelines outlined on page 12 • Inquire if homes have symptomatic individuals and exercise caution • Monitor symptoms of employees • Wash or sanitize hands before and after leaving a home • Wear face coverings and disinfect hands between each site • Disinfect tools after each site • Share estimates, invoices, and other documentation electronically 	Refer to General Guidelines for Employers on page 23
Gyms & Fitness Centers (including indoor recreation centers, yoga studios, dance, tumbling, indoor sports, etc.)	Fitness centers and gyms are closed	<p>Recommended closure of fitness centers and gyms; if open, fitness centers and gyms should follow strict distancing and cleaning guidance</p> <ul style="list-style-type: none"> • Follow all employer guidelines outlined on page 12 • Employees must go through symptom checking before every shift (checklist or verbal), including temperature checks when feasible. Log must be kept and available for inspection by health department 	<p>Fitness centers and gyms are open with some distancing and cleaning guidance</p> <ul style="list-style-type: none"> • Follow all employer guidelines outlined on page 12 • Employees must go through symptom checking before every shift (checklist or verbal), including temperature checks when feasible. Log must be kept and available for inspection by health department • Symptom checking of participants prior to each competition or practice (checklist or verbal), including temperature checks when feasible 	<p>Refer to General Guidelines for Employers on page 23</p> <ul style="list-style-type: none"> • Participants encouraged to have their symptoms checked prior to each competition or practice • Roster or list of participants and their contact information encouraged to be maintained when engaging in formal competitive events to assist with contact tracing efforts when physical distancing is not feasible • Spectators encouraged to maintain physical distancing between household groups and wear

Phased Guidelines for the General Public and Businesses to Maximize Public Health and Economic Reactivation

	High Risk	Moderate Risk	Low Risk	New Normal Risk
		<ul style="list-style-type: none"> • Screen patrons upon entering the facility with a questionnaire asking about symptoms, travel, and any sicknesses in the home • Employees must wear face coverings; patrons encouraged to wear face coverings whenever possible • Patrons of different households must maintain 10 feet of distance at all times (limit the number of patrons in the gym or class, space or close off equipment accordingly) • Do not engage in sporting activities requiring teammates or opponents to be closer than 10' from one another • Skills development and conditioning activities are allowable under physical distancing guidelines • Staff must disinfect all equipment after each use • No sign-in sheets, touchpads, or touch surfaces required for entry • Higher-risk individuals discouraged from using facilities at this time • Follow pool guidance on page 10 	<ul style="list-style-type: none"> • Spectators wear face coverings when physical distancing guidelines are difficult to maintain • Employees working within 6 feet of patrons must wear face coverings • Patrons of different households must maintain 6 feet of distance when feasible; this may be increased based on data and milestone trends. Limit the number of patrons, space or close off equipment accordingly • Roster or list of participants and their contact information must be maintained when engaging in formal competitive events to assist with contact tracing efforts when physical distancing is not feasible • Make chemical disinfectant supplies available throughout the establishment and post signs encouraging patrons to thoroughly disinfect equipment after use • Follow pool guidance on page 10 	<p>face coverings when physical distancing guidelines are difficult to maintain</p> <ul style="list-style-type: none"> • Encouraged to make chemical disinfectant supplies available throughout the establishment and post signs encouraging patrons to thoroughly disinfect equipment after use
Construction, General Contractors & Manufacturing	<p>Operates under the General Guidelines for Employers. Strict hygiene and reduced group interactions</p> <ul style="list-style-type: none"> • Follow all employer guidelines outlined on page 12 • Ensure nobody with symptoms enters a job site • Provide additional hand washing stations; wash or sanitize hands before and after leaving a site • Wear face coverings and perform hand hygiene regularly • Clean and disinfect project sites, including high-touch surfaces and tools frequently • Share estimates, invoices, and other documentation electronically 	<p>Operates under the General Guidelines for Employers. Strict hygiene and reduced group interactions</p> <ul style="list-style-type: none"> • Follow all employer guidelines outlined on page 12 • Ensure nobody with symptoms enters a job site • Provide additional hand washing stations; wash or sanitize hands before and after leaving a site • Wear face coverings and perform hand hygiene regularly • Clean and disinfect project sites, including high-touch surfaces and tools frequently • Share estimates, invoices, and other documentation electronically 	<p>Operates under the General Guidelines for Employers. Strict hygiene</p> <ul style="list-style-type: none"> • Follow all employer guidelines outlined on page 12 • Ensure nobody with symptoms enters a job site • Provide additional hand washing stations; wash or sanitize hands before and after leaving a site • Wear face coverings and perform hand hygiene regularly • Clean and disinfect project sites, including high-touch surfaces and tools frequently • Share estimates, invoices, and other documentation electronically 	<p>Refer to General Guidelines for Employers on page 23</p>

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	High Risk	Moderate Risk	Low Risk	New Normal Risk
Childcare	<p>Enhanced cleaning and distancing protocols. No symptomatic children</p> <ul style="list-style-type: none"> • Follow all employer guidelines outlined on page 12 • Enhanced cleaning and disinfecting • Encourage children to be 6 feet apart as much as possible • Groups must be restricted to groups of 10 unless a wall can physically separate each group • For facilities overseen by childcare licensing, follow childcare licensing instructions for ratios, group sizes, and approved capacity • Limit mixing the groups of children (keep in separate rooms, allow on the playground at different times) • Curbside drop off and pick up • All individuals must wash hands with soap and running water upon arrival • Don't use toys that can't be washed and disinfected • Children and staff should stay home if they're sick • Children and staff are screened for symptoms (checklist or verbal), including temperature checks when feasible • If there is a confirmed case, facility must be closed and alert local health department • All high-touch surfaces should be cleaned and disinfected after each use (e.g., toys, keyboards, desks, remote controls) 	<p>Enhanced cleaning and distancing protocols. No symptomatic children</p> <ul style="list-style-type: none"> • Follow all employer guidelines outlined on page 12 • Enhanced cleaning and disinfecting • Encourage children to be 6 feet apart as much as possible • Groups must be restricted to groups of 20 unless a wall can physically separate each group • For facilities overseen by childcare licensing, follow childcare licensing instructions for ratios, group sizes, and approved capacity • Limit mixing the groups of children (keep in separate rooms, allow on the playground at different times) • Curbside drop off and pick up • All individuals must wash hands with soap and running water upon arrival • Don't use toys that can't be washed and disinfected • Children and staff should stay home if they're sick • Children and staff are screened for symptoms (checklist or verbal), including temperature checks when feasible • If there is a confirmed case, facility must be closed and alert local health department • All high-touch surfaces should be cleaned and disinfected after each use (e.g., toys, keyboards, desks, remote controls) • When handling food, follow guidelines in Appendix A 	<p>Enhanced cleaning and distancing protocols. No symptomatic children</p> <ul style="list-style-type: none"> • Follow all employer guidelines outlined on page 12 • Enhanced cleaning and disinfecting • Limit mixing the groups of children (keep in separate rooms, allow on the playground at different times) • For facilities overseen by childcare licensing, follow childcare licensing instructions for ratios, group sizes, and approved capacity • Children from the same household are kept in the same group whenever possible • Don't use toys that can't be washed and disinfected • All individuals must wash hands with soap and running water upon arrival • Children and staff should stay home if they're sick • Children and staff are screened for symptoms (checklist or verbal), including temperature checks when feasible • If there is a confirmed case, facility must be closed and alert local health department • All high-touch surfaces should be cleaned and disinfected regularly • The provider must restrict offsite activities to places or environments where social distance and proper cleaning practices can be controlled • When handling food, follow guidelines in Appendix A 	<p>Refer to General Guidelines for Employers on page 23</p> <ul style="list-style-type: none"> • For facilities overseen by childcare licensing, follow childcare licensing instructions for ratios, group sizes, and approved capacity

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Healthcare-Specific Guidelines

High Risk

Moderate Risk

Low Risk

New Normal Risk

Hospital Settings and Ambulatory Surgical Facilities	Each hospital and ambulatory surgical center operating in Utah shall follow the protocols developed by the Utah Hospital Association in consultation with the Utah Department of Health, titled " Utah Hospital Roadmap for Resuming Elective Procedures 2.0 "			
Non-hospital Setting, including Dentistry	Adhere to all protocols set forth in the following state public health order: https://coronavirus-download.utah.gov/Health/state%20public%20health%20order.20.04.21.pdf			

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General Guidelines for Employers

Best Practices for Employers

- Those who are, or work with, higher-risk populations, should undergo daily screening/symptom⁹ monitoring, and be tested if they begin to experience COVID-19 symptoms
- Employers should work with higher-risk employees to make reasonable accommodations that enable the higher-risk individual to maintain employment in a safe manner
- Maintain physical distancing of 6 feet; face coverings recommended when physical distancing is not feasible
- Encourage the use of face coverings to protect those who are higher-risk and when physical distancing is not feasible
- Enhanced hygiene and sanitization practices
- Use online conferencing, email, or telephone in place of in-person meetings, even when people are in the same building or wear face coverings when physical distancing is not feasible
- Regularly remind employees and customers to follow distancing guidelines. Use floor markings to mark appropriate physical distance where appropriate
- Encourage digital files rather than paper formats (e.g. documentation, invoices, inspections, forms, agendas)
- Consider what reserve supplies may be necessary to obtain (e.g., cleaning supplies or other protective equipment)
- Establish and maintain open dialogue with local communities, including key vendors and suppliers, exploring contingencies and sharing appropriate decisions about foodservice, transportation, and other services
- Identify a workplace coordinator who will be responsible for COVID-19 issues and their impact in the workplace
- If relevant, update emergency communication plan with key contacts and backups, chain of communications, and processes for tracking and communicating; share the response plan with employees and communicate expectations
- Ensure every employee's contact information and emergency contact details are up to date; ensure a plan is in place to reach employees quickly
- Educate workforce about the threat of the COVID-19 pandemic, what the business is doing, and what they should do to protect themselves and their families
- Prepare for absenteeism; create or maintain non-punitive leave policies so employees do not feel pressured to come to work if they are sick. Not only sick employees will stay home- others may need to care for the sick, quarantined individuals, or children; those employees should notify their supervisors
- Provide signage at each public entrance to inform all employees and customers that they should:
 - Avoid entering if they have a fever of 100.4 degrees Fahrenheit or above, cough, trouble breathing, sore throat, muscle aches and pains, sudden changes in smell or taste, or feel generally unwell
 - Encourage 6-foot physical distancing and face coverings when physical distancing is not feasible
 - Sneeze/cough into cloth, tissue, elbow or sleeve (not hands)
 - Avoid hand shaking or unnecessary physical contact
 - Wash hands often, and for at least 20 seconds

Cleaning & Hygiene Guidelines for Employers

- Promote etiquette for coughing, sneezing, and regular handwashing. Encourage employees to avoid touching face, especially eyes, nose, and mouth; place signage that encourages hand and respiratory hygiene
- Encourage contactless pay options if possible; disinfect transaction equipment regularly
- When possible, discourage sharing of work tools and equipment or disinfect between use
- Make a list of high-touch surfaces requiring routine disinfecting and perform routine environmental cleaning (e.g., elevator buttons, workstations, countertops, handrails, doorknobs, breakrooms, bathrooms, common areas), either twice a day or after each use. Consider keeping a logbook of cleaning regimen. Those cleaning should:
 - Follow precautions listed on the disinfectant product label
 - Prior to disinfecting, clean surfaces with soap and water if soiled
 - Use EPA-approved disinfectant, industrial cleaner, diluted bleach, or alcohol solutions
- Provide disposable disinfecting wipes for employee use on high-touch surfaces; provide no-touch trash bins
- Make hand sanitizer, soap and water, or effective disinfectant readily available. Provide pop-up handwashing stations or facilities where necessary (e.g. open houses, construction sites)
- Personal Protection Equipment (PPE) should not be shared and should be disposed of properly
- Employees should be conscious of cross-contamination while using gloves and wash their hands after removal
- Laundry: use warmest appropriate water setting, dry items completely, do not shake dirty laundry, launder items that have come in contact with COVID-19 separately

Employers Monitoring Symptoms⁹

- Symptom checking in business interactions
- Train managers/leadership to recognize signs of COVID-19 and to be clear on relevant protocols
- Sick employees or close contacts of positive COVID-19 individuals should stay home
- Employees who become sick or who develop COVID-19 symptoms while at work should be separated from other employees/customers immediately and sent home; immediately clean and disinfect areas the sick employee visited. Encourage employees to report any illness to a manager, especially if sick with fever, cough, trouble breathing, sore throat, muscle aches and pains, sudden changes in smell or taste
- If an employee is confirmed COVID-19 positive, employers should inform close contact employees while maintaining confidentiality; close contact employees should follow local health department guidance

⁹ Symptoms include fever of 100.4 degrees Fahrenheit or above, cough, trouble breathing, sore throat, sudden change in taste or smell, muscle aches or pains; refer to CDC symptoms list for updated details <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>

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Appendix A: Guidelines for Dine-in Restaurants Open in High, Moderate and Low Risk

Operational Practice

- Limit tables to groups of 10, preferably members of the same household
- Groups of patrons at a table must maintain a distance of 6 feet from patrons of other parties at all times. Either move tables or mark off tables not to be used
- In waiting areas, a 6-foot distance must be maintained between parties, whether indoor or outdoor
- Maintain signage to remind individuals from separate parties to stand at least 6 feet apart; waiting area has floor markers to indicate proper spacing
- Hosts preferably open doors for customers and guide them to their seats to prevent traffic or congregating; hand sanitizer available at door
- Recommendation that upon entry, hosts point guests to signage that includes the following information:
 - Outlines symptoms¹⁰ and encourages that if the patron, or someone they live with, has experienced COVID-19 symptoms, to please order takeout instead
 - Recommendation for higher-risk individuals¹¹ to order takeout/delivery instead of dining in for the protection of that individual
- Manager checks each employee for symptoms before every shift and asks if any member of the employee's household has tested positive for COVID-19 in the past 14 days. Log must be kept and available for inspection by the local health officer or designee
- Staff must wear face coverings at all times and perform hand hygiene between interactions with each table
- Cups, lids, napkins and straws must be handed directly to customers by staff
- Do not place utensils on table until patron is seated
- Encourage contactless and non-signature payment; when not possible, card and payment stations must be sanitized after each use. Staff must sanitize hands between handling payment options and food/containers
- Staff avoid touching items that have been placed on the table (menus, plates, utensils, pens, cups, etc.). The table will be cleared by a dedicated staff member once all guests have left
- Dedicated staff member sanitizes the area occupied by customers upon departure including tables, menus, pens, salt and pepper shakers, etc. and conducts sanitization of high-touch surfaces throughout the day as needed
- Consider use of disposable items if necessary
- The restaurant may not operate if PPE, EPA-approved disinfectants and sanitizers, soap, and other necessary cleaning supplies are not available; sanitizer is effective against COVID-19
- Hand sanitizer must be available immediately adjacent to bathrooms
- Close restaurant for cleaning and disinfecting in the morning and evening. Cleaning and disinfecting includes all tables, chairs, door handles, floors, bathrooms, and any high-touch surfaces
- Buffet and self-serve restaurants will provide utensils, cups, plates and other service items only from the counter where food is ordered. None of these items will be accessible to the public. Buffet style restaurants will provide servers who will serve the meals from buffet to limit exposure
- Stagger workstations so employees are not facing one another and are 6 feet apart unless barriers are used, or face coverings are worn
- To-go boxes, pizza boxes, paper cups, and any other paper product that touches food must be treated as food
- Staff are only required to use gloves when handling ready-to-eat foods (including ice). Gloves are not required when handling foods that have yet to be cooked
- Indoor playgrounds in restaurants remain closed

¹⁰ Symptoms include fever of 100.4 degrees Fahrenheit or above, cough, trouble breathing, sore throat, sudden change in taste or smell, muscle aches or pains; refer to CDC symptoms list for updated details

<https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>

¹¹ Higher-risk individuals are defined as those of any age with underlying medical conditions such as: chronic kidney disease; COPD (chronic obstructive pulmonary disease); immunocompromised state (weakened immune system) from solid organ transplant; obesity (body mass index of 30 or higher); serious heart conditions, such as heart failure, coronary artery disease, or cardiomyopathies; sickle cell disease; type 2 diabetes mellitus. Children who are medically complex, who have neurologic, genetic, metabolic conditions, or who have congenital heart disease are at higher risk for severe illness from COVID-19 than other children

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Appendix B: Considerations for Faith Groups Returning to In-Person Religious Services in High, Moderate and Low Risk

Governor Herbert recognizes the importance of faith groups during these difficult times. Under the Orange (Moderate Risk) and Yellow (Low Risk) Utah COVID-19 Health Risk Status Phased Guidelines, faith groups are able to hold in-person religious services of any size as long as a distance of at least six feet is maintained between household groups. This six-foot distance requirement is the only limit imposed by the Phased Guidelines on the number of people permitted to participate in an in-person religious service.

The following are provided as considerations for faith groups and individuals returning to in-person religious services. These considerations were prepared in consultation with a working group of faith leaders representing the rich diversity of faiths in Utah. These considerations are also consistent with ongoing messaging from the Utah Department of Health and are consistent with the best available medical science.

These considerations are not binding on any faith group and should not be construed as an attempt to regulate religious practices. They are provided as information so that individuals can make decisions to protect themselves and others from COVID-19. Each faith group will decide for itself when to resume in-person religious services.

- Consideration for higher-risk individuals:
 - Limit participation in any in-person gatherings, including religious services, of any number of people outside your household group.
 - Higher-risk individuals include:
 - Older adults as defined by the Centers for Disease Control and Prevention [here](#)
 - People of any age with the following conditions are at increased risk of severe illness from COVID-19:
 - Chronic kidney disease
 - COPD (chronic obstructive pulmonary disease)
 - Immunocompromised state (weakened immune system) from solid organ transplant
 - Obesity (body mass index [BMI] of 30 or higher)
 - Serious heart conditions, such as heart failure, coronary artery disease, or cardiomyopathies
 - Sickle cell disease
 - Type 2 diabetes mellitus
 - Children who are medically complex, who have neurologic, genetic, metabolic conditions, or who have congenital heart disease
- Considerations for all individuals participating in an in-person religious service:
 - Wear a face covering when you cannot maintain a distance of six feet from other individuals from a different household.
 - Do not shake hands with, or otherwise touch, an individual who is not a member of your household group.
 - Avoid high-touch surfaces.
 - Disinfect high-touch surfaces frequently.
 - Wash your hands frequently.
 - Wear a face mask and perform hand hygiene when preparing food to be consumed by individuals from a different household.
 - Avoid group meals that are not part of the religious service.
- Considerations for faith group leaders organizing an in-person religious service:
 - Implement measures to prevent individuals from congregating in lobbies or meeting areas where a 6-foot distance between household groups is difficult to maintain.
 - Post signage to remind individuals to maintain physical distancing when in common areas.
 - Set an established window of time or provide separate entrances for higher-risk individuals to enter and exit without pressure from crowds.
 - Provide multiple meeting schedules to accommodate smaller gatherings where physical distancing guidelines can be followed.
 - Provide streamed services to households that prefer to participate virtually.

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Appendix C: Face Covering Exceptions in K-12

In accordance with the public health order issued on July 17, 2020 by the Utah Department of Health and in consideration of students' physical, social and mental wellbeing, students are exempt from wearing a face covering when actively engaging in:

- Outdoor recess in elementary schools
 - Cohorting, physical distancing and hand hygiene before and after recess is promoted
- A school-sponsored activity or physical education class if the individual cannot reasonably participate while wearing a face covering. Each individual participating in a school-sponsored activity must complete a symptom assessment, verbally confirm they are free of COVID-19 symptoms before participating in each event, and attest to the fact they have not been in close contact (within 6 feet for 15 minutes or more) with a COVID-positive case in the last 14 days prior to participation
 - Where possible, confirm participant temperature is below 100.4 degrees Fahrenheit

Institutions shall identify school-sponsored activities that are higher-risk and consider not holding the activities or introduce additional mitigating strategies. See the Utah State Board of Education School Reopening Planning Handbook for descriptions of higher-risk activities and tools and resources. The Handbook is located at <https://schools.utah.gov/file/5997f53e-85ca-4186-83fe-932385ea760a>.

Institutions may also reference the Utah High School Activities Association's Return to Play guidelines for considerations to mitigate the risk of virus spread in school-sponsored activities. The guidelines are located at <https://uhsaa.org/SportsMed/UHSAA%20Return-to-Play%20Guidelines.pdf>.

Spectators at school-sponsored activities or events should follow the guidelines from Events, Cultural Arts & Entertainment on page 16 of this document.

This guidance may be modified based on data and milestone trends.