

Are you at higher risk of severe illness for COVID-19?

Individuals at higher risk of severe illness with COVID-19 include those of any age with:



Chronic lung, heart, kidney or liver disease



Obesity, diabetes, hypertension or high blood pressure



immunocompromised conditions or on immunosuppressant medication

In the pandemic, high-risk individuals follow stricter instructions because you are more likely to suffer severe illness from COVID-19.

If you find staying safely at home challenging and need extra assistance, contact:

877-424-4640
(M-F, 8a-5p)



Delivery of groceries and medicine



Transportation to and from appointments



Other challenges