# COVID-19: Recommendations for Law Enforcement Personnel

## Risk Factors, Signs & Symptoms for COVID-19

Fever OR respiratory symptoms (cough, difficulty breathing), AND

Travel to areas with confirmed community transmission OR close contact with a patient with known or suspected COVID-19 in the past 14 days before the onset of symptoms.

## Measures to Protect Yourself

- Practice proper hand hygiene by promptly washing or sanitizing hands after coughing, sneezing, or physically interacting with others.
- Wash your hands for at least 20 seconds with soap and water.
- Avoid touching your face (eyes, nose, and mouth).
- Cover your mouth and nose with your bent elbow or tissue when you cough or sneeze. Dispose of the tissue immediately and wash your hands afterward.
- Avoid close physical contact with others, including shaking hands and hugging.
- Maintain a distance of at least **6 feet** between yourself and anyone who is coughing or sneezing, when possible.
- Promptly disinfect your gear including your duty belt after physical contact with any individual.
- Keep disinfectant wipes and hand sanitizer in an easily accessible place while on-duty.
- Only wear a mask if you are in contact with someone who has COVID-19, and know how to properly use and dispose of it.
- Educate yourself and participate in training on the use of Personal Protective Equipment (PPE) for respiratory protection, if available at your agency. Ensure only trained personnel wearing appropriate PPE have contact with individuals who have or may have COVID-19.
- Know your agency’s plans and protocols for exposure control. Seek medical care early if you have a fever, cough and difficulty breathing.
- COVID-19-infected droplets may be able to live on different surfaces. Sanitize items you frequently touch during a shift:
  - Phone
  - Laptop
  - Clipboard
  - Patrol car equipment
  - Steering wheel
  - Gear shift
  - Dispatch radio module
  - Door handles and edges

## Recommended Personal Protective Equipment (PPE)

The minimum recommended PPE includes:

- A single pair of disposable examination gloves,
- Disposable isolation gown or single-use/disposable coveralls,
- Any NIOSH-approved particulate respirator (i.e., N95 or higher-level respirator); facemasks are an acceptable alternative until the supply chain is restored, and
- Eye protection (i.e., goggles or disposable face shield that fully covers the front and sides of the face).


For Utah-specific information, visit: [www.coronavirus.utah.gov](http://www.coronavirus.utah.gov)