

# Homemade Masks



If you have to leave home for essential trips like getting groceries or medicine, or if you must be in a place where social distancing is not possible, you should wear a homemade, cloth face mask or covering. You can help your community if you make your own mask.



Save surgical or N-95 face masks for healthcare workers



Children under 2 should not wear cloth masks.



Cloth face masks should not be used by anyone who has trouble breathing or anyone who cannot take off the mask without help.

The CDC has more tips and instructions for how to make a homemade mask at <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/diy-cloth-face-coverings.html>