If you are exposed to COVID-19

Fully vaccinated people do not need to quarantine and can continue to go to work, school, and participate in events. You are fully vaccinated 2 weeks after getting your final dose of a COVID-19 vaccine. People who tested positive for COVID-19 in the last 180 days (about 6 months) also do not need to quarantine.

We know there is a chance people can get re-infected. Some people can test positive after they have COVID-19 even though they are done with isolation and no longer infectious to other people. Do not get tested after an exposure if it’s been less than 90 days (about 3 months) since you first tested positive for COVID-19. However, if it’s been between 90-180 days (3-6 months) since you tested positive, you should get tested again. We also know there is a chance vaccinated people can get COVID-19, so to be very safe, vaccinated people should get tested 5-7 days after they were exposed.

If you are not fully vaccinated or have not had COVID-19 in the last 180 days (about 6 months), quarantine at home after being in close contact with someone who has COVID-19. You should not go to work, school, religious services, family gatherings, or other activities.

You may end quarantine:

- **10 days after your exposure if you don’t get tested and don’t have symptoms.** If you don’t have symptoms of COVID-19, you can end quarantine 10 days after the last time you had close contact with the person who tested positive.

- **7 days after your exposure if you have a negative test result.** You can get tested on day 7 of your quarantine and end quarantine if your test is negative and you don’t have any symptoms of COVID-19. You must wait at least 7 days after your exposure to be tested. This lets enough of the virus build up in your body to be detected by the tests. The test can be a PCR or rapid antigen test. Stay home until you get your test results back.

- **You must quarantine for 10 days if you live with someone who has tested positive for COVID-19, even if you don’t have symptoms or test negative.**

Watch for symptoms and wear a mask around other people until it has been 14 days after your exposure. Isolate and get tested for COVID-19 right away if you get sick or have symptoms of COVID-19.

**Symptoms of COVID-19**

- Fever (temperature of 100.4°F or 38°C or higher or feeling feverish)
- Cough
- Shortness of breath
- Decrease in sense of smell or taste
- Sore throat
- Muscle aches and pains