

COVID-19 Recommendations for Long-term Care Facilities

Based on Vaccination Status and Community Transmission Level

EMPLOYEES	Up to Date for COVID-19 vaccinations* and ImmunoCOMPETENT	Not up to date for COVID-19 vaccination or ImmunoCOMPROMISED
Quarantine after international travel		X
Quarantine after a higher-risk exposure **		X
Test 3-5 days after international travel***	X	X
Test after an exposure	X	X
Test if symptomatic	X	X
Participate in outbreak testing	X	X
Participate in <u>Expanded screening</u> [^] testing		X [^]
+ COVID-19 test: restrict work for 10 days OR 7 days with negative test	X	X
COVID-19 exposure: restrict work for 10 days OR 7 days with negative test		X
Mask (N95), eye protection and other PPE use during resident contact^^	X	X
Mask in common areas/resident rooms	X	X
Wear a mask in employee only areas	X ^{^^^}	X
Quarantine after international travel		X

Table is based on substantial to high community transmission level see notes section for explanation of changes based on low to moderate transmission level.

NOTES

- *[Up to Date with vaccination](#): a person has received all recommended doses in their primary series COVID-19 vaccine, and a [booster dose](#) when eligible⁶
- **Testing, symptom monitoring and increased PPE are advised after higher-risk exposure. Higher-risk exposures generally involve exposure of HCP's eyes, nose, or mouth to material potentially containing SARS-CoV-2, particularly if these HCP were present in the room for an aerosol-generating procedure⁵
- ***Testing all staff following any air travel is advisable, even when not specifically required.³ See [CDC travel](#) section for additional guidance¹⁰
- [^]In counties with **low** community transmission, expanded screening testing for asymptomatic HCP, regardless of vaccination status, is not recommended.⁸ See [TESTING](#) section of [Interim Infection Prevention and Control Recommendations to Prevent SARS-CoV-2 Spread in Nursing Homes](#) for testing intervals of unvaccinated or immunocompromised HCP
- ^{^^}See [Personal Protective Equipment \(PPE\) Requirements for Long-Term Care Facility Staff](#) for PPE requirements based on procedure and transmission level⁹
- ^{^^^}Vaccinated HCP are exempt from wearing a mask in employee only areas when community transmission levels are **low** to **moderate**⁷

RESIDENTS	Up to Date for COVID-19 vaccinations* and ImmunoCOMPETENT	Not up to date for COVID-19 vaccination or ImmunoCOMPROMISED
Quarantine upon admission or after a leave of absence (LOA) that is over 24 hours**		X
Quarantine after a <u>Close contact</u>		X
Quarantine during an outbreak***		X
Test upon arrival to facility and 5-7 days after their admission or LOA > 24 hours	X	X
Test after exposure or during an outbreak	X	X
Isolate at least 10 days after a positive COVID19 test or symptom onset date	X	X
Mask in common areas of the facility	X [^]	X
Mask with unvaccinated visitors while indoors or outdoors	X	X
Mask with vaccinated visitors while indoors	X [^]	X
Mask with vaccinated visitors while outdoors^^		X
Mask when staff enters their room	X	X
Physically distanced dining/activities	X [^]	X

Table is based on substantial to high community transmission level see notes section for explanation of changes based on low to moderate transmission level.

NOTES

*[Up to Date with vaccination](#): a person has received all recommended doses in their primary series COVID-19 vaccine, and a [booster dose](#) when eligible⁶

**Quarantine upon return from LOA can be evaluated on a case by case basis ^{2,8}

***Consider quarantining fully vaccinated residents during an outbreak that is not controlled with initial interventions⁸

[^]Not applicable during **low** to **moderate** community transmission levels

^{^^}People that are up to date on COVID-19 vaccine might choose to wear a mask in crowded outdoor settings if they or someone in their household is immunocompromised, at increased risk of severe disease, or not fully vaccinated⁶

^{^^^}Exceptions for physical distancing during visitation can be made based on the needs of the resident² See [CMS Nursing Home Visitation-COVID-19](#)

VISITORS	Up to Date for COVID-19 vaccinations* and ImmunoCOMPETENT	Not up to date for COVID-19 vaccination or ImmunoCOMPROMISED
Hold visitation for <u>10 days</u> if visitor has been in close contact with someone infected with COVID-19		X
Hold visitation after international travel for 5 days		X
Test 3-5 days after international travel**	X^	X
Test prior to visitation**	X^	X^
Isolate at least 10 days <i>after symptom onset or a positive test</i>	X	X
Mask in common areas of the facility	X	X
Mask when staff or other residents are present	X	X
Mask while alone with their vaccinated resident(s) indoors	X^	X
Mask while alone with their vaccinated resident(s) outdoors***		X
Mask while visiting their <u>unvaccinated</u> resident(s) indoors/outdoors	X	X
Physically distanced visitation^^	X^	X
Hold visitation for <u>10 days</u> if visitor has been in close contact with someone infected with COVID-19		X

Table is based on substantial to high community transmission level see notes section for explanation of changes based on low to moderate transmission level.

- NOTES**
- *[Up to Date with vaccination](#): a person has received all recommended doses in their primary series COVID-19 vaccine, and a [booster dose](#) when eligible⁶ Proof of vaccination is not required for visitation. Those that choose not to show proof of vaccination should follow guidelines for those that are not up to date with the COVID-19 vaccinations.
 - **Visitor testing is recommended, not required. ^{2,8} See [CDC travel recommendations](#)
 - ***People that are up to date on COVID-19 vaccine might choose to wear a mask in crowded outdoor settings if they or someone in their household is immunocompromised, at increased risk of severe disease, or not fully vaccinated⁷
 - ^Not applicable during **low** to **moderate** community transmission levels
 - ^^Exceptions for physical distancing during visitation can be made based on the needs of the resident² See [CMS Nursing Home Visitation-COVID-19](#)

See link for current [Community Transmission Levels](#) by county

How are community transmission levels calculated:

Determining transmission risk: If the two indicators suggest different transmission levels, the higher level is selected.

	Low	Moderate	Substantial	High
New cases per 100,000 persons in the past 7 days*	<10	10-49.99	50-99.99	≥100
Percentage of positive NAATs tests during the past 7 days**	<5%	5-7.99%	8-9.99%	≥10.0%

Image: [COVID-19 Integrated County View](#)

References

- 1 [CDC Appendices](#)
- 2 [CMS Nursing Home Visitation-COVID-19](#)
- 3 [Domestic Travel During COVID-19](#)
- 4 [Guidance for Asymptomatic HCP Who Were Exposed to Individuals with Confirmed SARS-CoV-2 Infection](#)
- 5 [Interim Guidance for Managing Healthcare Personnel with SARS-CoV-2 Infection or Exposure to SARS-CoV-2](#)
- 6 [Interim Public Health Recommendations for Fully Vaccinated People](#)
- 7 [Interim Infection Prevention and Control Recommendations for Healthcare Personnel During the Coronavirus Disease 2019 Pandemic](#)
- 8 [Interim Infection Prevention and Control Recommendations to Prevent SARS-CoV-2 Spread in Nursing Homes](#)
- 9 [Personal Protective Equipment \(PPE\) Requirements for Long-Term Care Facility Staff](#)
- 10 [U.S. Citizens, U.S. Nationals, U.S. Lawful Permanent Residents, and Immigrants: Travel to and from the United States](#)
- 11 [CDC: COVID-19 Data Tracker: COVID-19 Integrated County View](#)