

# COVID-19 Recommendations for Long-term Care Facilities

## Based on Vaccination Status and Community Transmission Level

<b>EMPLOYEES</b>	<b>Up to Date for COVID-19 vaccinations* and ImmunoCOMPETENT</b>	<b>Not up to date for COVID-19 vaccination or ImmunoCOMPROMISED</b>
Quarantine after domestic and/or international travel		X
Quarantine after a <b><i>higher-risk exposure</i></b> **		X
Test 2-3 days after domestic and/or international travel***		X
Test 3-5 days after international travel	X	X
Test after an exposure	X	X
Test if symptomatic	X	X
Participate in outbreak testing	X	X
Participate in <u>Expanded screening</u> <sup>^</sup> testing		X <sup>^</sup>
+ COVID-19 test: restrict work for 10 days OR 7 days with negative test	X	X
COVID-19 exposure: restrict work for 10 days OR 7 days with negative test		X
Mask (N95), eye protection and other PPE use during resident contact <sup>^^</sup>	X	X
Mask in common areas/resident rooms	X	X
Wear a mask in employee only areas	X <sup>^^^</sup>	X

Table is based on substantial to high community transmission level see notes section for explanation of changes based on low to moderate transmission level.

### NOTES

- \*[Up to Date with vaccination](#): a person has received all recommended doses in their primary series COVID-19 vaccine, and a [booster dose](#) when eligible<sup>6</sup>
- \*\*Testing, symptom monitoring and increased PPE are advised after higher-risk exposure. Higher-risk exposures generally involve exposure of HCP's eyes, nose, or mouth to material potentially containing SARS-CoV-2, particularly if these HCP were present in the room for an aerosol-generating procedure<sup>5</sup>
- \*\*\*Testing all staff following any air travel is advisable, even when not specifically required.<sup>3</sup> See [CDC travel](#) section for additional guidance<sup>10</sup>
- <sup>^</sup>In counties with **low** community transmission, expanded screening testing for asymptomatic HCP, regardless of vaccination status, is not recommended.<sup>8</sup> See [TESTING](#) section of [Interim Infection Prevention and Control Recommendations to Prevent SARS-CoV-2 Spread in Nursing Homes](#) for testing intervals of unvaccinated or immunocompromised HCP
- <sup>^^</sup>See [Personal Protective Equipment \(PPE\) Requirements for Long-Term Care Facility Staff](#) for PPE requirements based on procedure and transmission level<sup>9</sup>
- <sup>^^^</sup>Vaccinated HCP are exempt from wearing a mask in employee only areas when community transmission levels are **low** to **moderate**<sup>7</sup>

<b>RESIDENTS</b>	<b>Up to Date for COVID-19 vaccinations* and ImmunoCOMPETENT</b>	<b>Not up to date for COVID-19 vaccination or ImmunoCOMPROMISED</b>
Quarantine upon admission or after a leave of absence (LOA) that is over 24 hours**		X
Quarantine after a <u>close contact</u>		X
Quarantine during an outbreak***		X
Test after exposure or during an outbreak	X	X
Isolate at least 10 days after a <b>positive</b> COVID-19 test or symptom onset date	X	X
Mask in common areas of the facility	X <sup>^</sup>	X
Mask with unvaccinated visitors while indoors or outdoors	X	X
Mask with vaccinated visitors while indoors	X <sup>^</sup>	X
Mask with vaccinated visitors while outdoors^^		X
Mask when staff enters their room	X	X
Physically distanced dining/activities	X <sup>^</sup>	X
Physically distanced visitation^^^	X <sup>^</sup>	X

Table is based on substantial to high community transmission level see notes section for explanation of changes based on low to moderate transmission level.

**NOTES**

\*Up to Date with vaccination: a person has received all recommended doses in their primary series COVID-19 vaccine, and a booster dose when eligible<sup>6</sup>

\*\*Quarantine upon return from LOA can be evaluated on a case by case basis <sup>2,8</sup>

\*\*\*Consider quarantining fully vaccinated residents during an outbreak that is not controlled with initial interventions<sup>8</sup>

^Not applicable during **low** to **moderate** community transmission levels

^^People that are up to date on COVID-19 vaccine might choose to wear a mask in crowded outdoor settings if they or someone in their household is immunocompromised, at increased risk of severe disease, or not fully vaccinated<sup>6</sup>

^^^Exceptions for physical distancing during visitation can be made based on the needs of the resident<sup>2</sup> See [CMS Nursing Home Visitation-COVID-19](#)

<b>VISITORS</b>	<b>Up to Date for COVID-19 vaccinations* and ImmunoCOMPETENT</b>	<b>Not up to date for COVID-19 vaccination or ImmunoCOMPROMISED</b>
Hold visitation after a close exposure		X
Hold visitation after domestic/international travel for 7 days		X
Test 3-5 days after domestic travel**		X
Test 3-5 days after international travel**	X <sup>^</sup>	X
Test prior to visitation**	X <sup>^</sup>	X <sup>^</sup>
Isolate at least 10 days <i>after symptom onset or a positive test</i>	X	X
Mask in common areas of the facility	X	X
Mask when staff or other residents are present	X	X
Mask while alone with their vaccinated resident(s) indoors	X <sup>^</sup>	X
Mask while alone with their vaccinated resident(s) outdoors***		X
Mask while visiting their <u>un</u> vaccinated resident(s) indoors/outdoors	X	X
Physically distanced visitation^^	X <sup>^</sup>	X

Table is based on substantial to high community transmission level see notes section for explanation of changes based on low to moderate transmission level.

#### NOTES

\*[Up to Date with vaccination](#): a person has received all recommended doses in their primary series COVID-19 vaccine, and a [booster dose](#) when eligible<sup>6</sup>

\*\*Visitor testing is recommended, not required. <sup>2,8</sup> See [CDC travel recommendations](#)

\*\*\*People that are up to date on COVID-19 vaccine might choose to wear a mask in crowded outdoor settings if they or someone in their household is immunocompromised, at increased risk of severe disease, or not fully vaccinated<sup>7</sup>

<sup>^</sup>Not applicable during **low** to **moderate** community transmission levels

<sup>^^</sup>Exceptions for physical distancing during visitation can be made based on the needs of the resident<sup>2</sup> See [CMS Nursing Home Visitation-COVID-19](#)

See link for current [Community Transmission Levels](#) by county

How are community transmission levels calculated:

Determining transmission risk: If the two indicators suggest different transmission levels, the higher level is selected.

	Low	Moderate	Substantial	High
New cases per 100,000 persons in the past 7 days*	<10	10-49.99	50-99.99	≥100
Percentage of positive NAATs tests during the past 7 days**	<5%	5-7.99%	8-9.99%	≥10.0%

Image: [COVID-19 Integrated County View](#)

## References

- 1 [CDC Appendices](#)
- 2 [CMS Nursing Home Visitation-COVID-19](#)
- 3 [Domestic Travel During COVID-19](#)
- 4 [Guidance for Asymptomatic HCP Who Were Exposed to Individuals with Confirmed SARS-CoV-2 Infection](#)
- 5 [Interim Guidance for Managing Healthcare Personnel with SARS-CoV-2 Infection or Exposure to SARS-CoV-2](#)
- 6 [Interim Public Health Recommendations for Fully Vaccinated People](#)
- 7 [Interim Infection Prevention and Control Recommendations for Healthcare Personnel During the Coronavirus Disease 2019 Pandemic](#)
- 8 [Interim Infection Prevention and Control Recommendations to Prevent SARS-CoV-2 Spread in Nursing Homes](#)
- 9 [Personal Protective Equipment \(PPE\) Requirements for Long-Term Care Facility Staff](#)
- 10 [U.S Citizens, U.S. Nationals, U.S. Lawful Permanent Residents, and Immigrants: Travel to and from the United States](#)
- 11 [CDC: COVID-19 Data Tracker: COVID-19 Integrated County View](#)